

AHS Hosts Convention

By Arlene Stevens

American High's first Bio-Medical convention was held here on May 9. The convention began with a long wait in Theater 50.

One school of students came over on BART and got off at Union City Station while their buses waited to take them to American at the Fremont BART Station. Running a half-hour late, Mr. Tranchina started the convention by greeting the students to American. After a couple more speakers, students were left out on their own to tour American High and attend special rap classes concerning health professions.

Some classes offered were "College-

Questions and Answers," with our own Mr. Gelfuso taking questions concerning going to college; "Dental Hygiene" and "Dental Assisting," with four students from Chabot College; "Nursing," with two Ohlone College students; "Veterinary Medicine," with Dr. W. Bentham and the American Red Cross; "Nutrition and Nutritionists," with Mrs. Susan Nelson; "Ambulance Services," with Mr. David St. Onge, and the American Cancer Society - "Research and Related Careers."

All in all there was a good turnout and many students seemed to have a good time.



Bio Med Students Inspect Ambulance

Common Sense

Volume II, Number 8

May 17, 1974

Teacher of the Month

Sonia Koujakian

By Terry Callaway

For her tremendous contributions of time and effort to the Class of '76, Mrs. Sonia Koujakian is featured as *Common Sense's* Teacher of the Month.

Miss Sonia Mirigian was born in San Francisco of an Armenian mother and an American father. (Armenia is an area found on the Turkish-Russian border.) She attended San Francisco State where she double-majored in English and Music.

Among her varied interests, she loves to travel. She taught for two years in Japan and for one year in Germany, stating that she has visited

some 26 different countries while living abroad.

Mrs. Koujakian has been playing the violin since the age of seven, and has distinguished herself as a soloist with the San Francisco State College Orchestra, the San Francisco Opera House, and the Fifth Air Force Band in Tokyo. While in Germany she played with the local German Symphonic Orchestra in Bremerhaven, and was the only woman as well as the only American. She was proud to add that Arthur Fiedler used her as a soloist to demonstrate methods of conducting an orchestra.

She met her husband in Los Angeles through his younger sister, who was in her English class. Hagop Jack Koujakian is also an Armenian, born in Lebanon, and a former commercial pilot in the Middle East. He is currently a manager of Sears-Roebuck.

Mrs. Koujakian describes herself as someone who "thrives on adventure." She enjoys riding the small Honda she bought in Japan, and emphasizes reading.

"My mad passion is to meet people and travel a lot. I consider myself very lucky. If I were to die tomorrow I'd be happy knowing I've lived a full life."

Ohlone Celebrates 5 de Mayo

Thirty of American High's students attended an Ohlone College sponsored Cinco de Mayo celebration held May 3 and 4. Students from all tri-city schools were invited.

The festivities began with visitors being treated to Mexican bread and chocolate drinks. A movie on Mexican war history was then shown. Slides, music, and a presentation by a guest speaker followed. The events, which took place in the Ohlone Theater, ended with everyone getting a free lunch of tacos, burritos, soup and punch.

Students took part in orientation of the new college complex before leaving.

Treinta estudiantes de la escuela secundaria American asistieron a la celebracion del 5 de Mayo presentada por Ohlone College durante los dias tres y cuatro de Mayo. Estudiantes de las escuelas secundarias en Fremont, Union City y Newark fueron invitados.

Las festividades comenzaron cuando los huéspedes disfrutaron de pan dulce y chocolate. Se les mostro entonces una pelicula acerca de la historia de las guerras de la revolucion Mexicana. Esta fue seguida por una presentacion de transparencias, musica y un discurso por un orador invitado. Todas las presentaciones se llevaron a cabo en el teatro de Ohlone y culminaron con un almuerzo gratis de tacos, burritos, sopa y refrescos.

Los estudiantes tomaron parti en la orientacion presentando los nuevos edificios del colegio antes de irse.

The Odd Couple

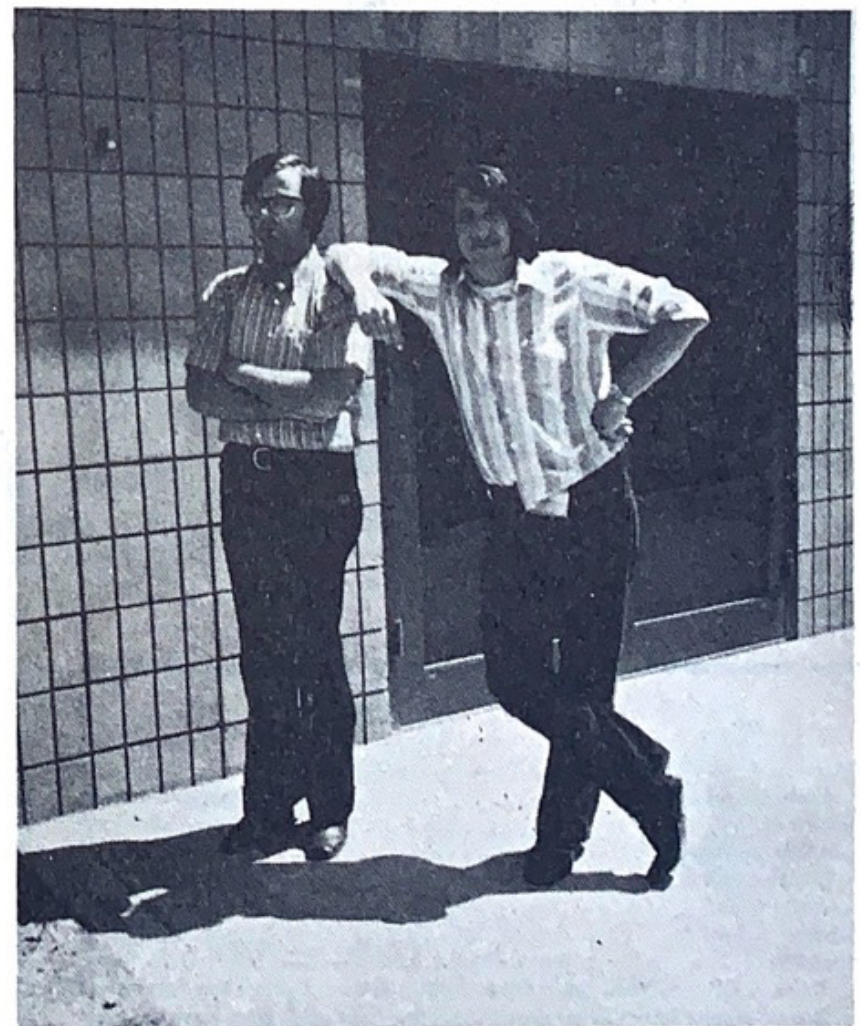
By Joe McMahon

Garro Mirigian and Dave Motroni will portray Felix and Oscar in the Fremont Community Theater's presentation of "The Odd Couple." Neil Simon's hit play will open May 31 and June 1 and run for three weeks in Theater 70. Curtain time is 8:15 and admission is \$2.00.

Joining Mr. Mirigian and Mr. Motroni will be Bill Swift as Vinnie and Mike Agee in his first stage roll as Speed.

Mr. Mirigian starred and Mr. Motroni directed in one of the Fremont Community Theater's first productions, "The Fantastics."

Tickets can be purchased from Mr. Mirigian, Mr. Agee and Mr. Swift.



"The Odd Couple" - Garro Mirigian and Dave Motroni

CALENDAR OF EVENTS

- May 10-26 - Senior Ball Tickets on Sale, \$28.00.
- May 21 - Spring Sports Awards, 7:30 p.m.
- May 22 - American Attendance Area Concert, 7:30 p.m.
- May 23 - Home Economics Fair, 7:00 p.m.
- May 27 - HOLIDAY!! Memorial Day.
- June 1 - SENIOR BALL, 9:00 p.m.-1:00 a.m.
- June 3 - Yearbook Distribution Class of '74.
- June 6 - Yearbook Distribution Underclassmen.
- June 7 - Senior Checkout.
- June 10 - NO SENIORS ON CAMPUS.
- June 11 - Graduation Practice, 10:00 a.m.
- June 12 - GRADUATION, 7:00 p.m.
- June 13 - SCHOOL'S OUT!!!!!!
- June 14 - Teacher Work Day.

EDITORIAL

SENIOR FLASHES

By Brenda Savage

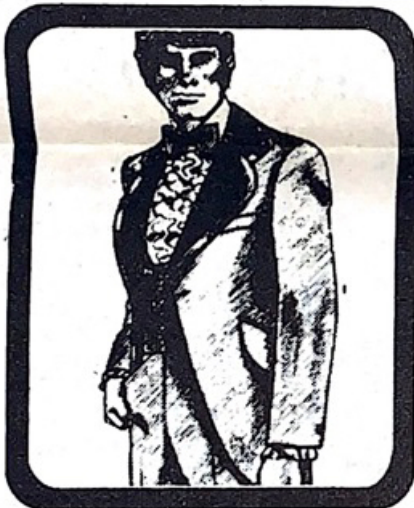
The Class of '74 is entering the last lap of its high school career, with less than four weeks left until that big climax on the 11th, when we shall awaken and find ourselves between the goal post at Tak Fudenna Field (how symbolic).

Already graduation announcements have been sent out and tickets for graduation will be available for each Senior. Eight tickets per senior will be issued out first and the left overs will be given out on a basis of first come, first serve.

I want to remind each Senior that there will be a rehearsal for graduation ceremonies on Tuesday morning, June 11, at 10:30 a.m. You must attend the practice at Tak Field to participate in the ceremonies that night. On the day before the 11th (a Monday), no Seniors will be allowed on campus.

By then we shall have plans for a get-together of Seniors someplace else other than "this place."

Senior Ball bids are on sale and will continue to be on sale until the 26th of May. Price remains at \$28.00 and you can pick up a map at the A.S.B. Office. A photographer will be at the Senior Ball taking candid pictures of all you young lovelies in your formal duds. These pictures will be published in the next issue of the Newspaper which will be the SENIOR ISSUE! If you would like to contribute anything to the Newspaper Room (behind Th. 70) or hand it over to Brenda Savage, who will censor any rude comments made about her. There are to be a lot of surprises in the next issue - Don't miss it!



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Top Twenty of A.H.S. By Doug Johnson

Dancing Machine, by the Jackson Five, emerged this month as the favorite song of American High students.
The school's top twenty tunes are:

- 1 - "Dancing Machine," Jackson Five (8)
- 2 - "You Make Me Feel Brand New," Stylistics
- 3 - "Just Don't Want To Be Lonely," Main Ingredient (7)
- 4 - "The Locomotion," Grand Funk Railroad (9)
- 5 - "Bennie and the Jets," Elton John (1)
- 6 - "The Entertainer" (Theme from *The Sting*), Scott Joplin (12)
- 7 - "Colour My World," Chicago (13)
- 8 - "Stairway to Heaven," Led Zeppelin (2)
- 9 - "The Streak," Ray Stevens
- 10 - "Billy, Don't Be a Hero," Paper Lace
- 11 - "Seasons In The Sun," Terry Jacks (3)
- 12 - "Money," Pink Floyd (20)
- 13 - "Band On The Run," Paul McCartney and Wings
- 14 - "Sunshine on My Shoulder," John Denver (4)
- 15 - "Hooked On A Feeling," Blue Suede (6)
- 16 - "Midnight At The Oasis," Maria Muldaur
- 17 - "My Girl, Bill," Jim Stafford
- 18 - "Tubular Bells," (Theme from *The Exorcist*), Mike Oldfield (5)
- 19 - "Don't You Worry 'Bout A Thing," Stevie Wonder
- 20 - "The Show Must Go On," Three Dog Night (18)

"You Make Me Feel Brand New," by the Stylistics, and the Main Ingredient's "I Just Don't Want To Be Lonely" ran a close second and third. Ranks of the songs in April issue are noted in parenthesis.

Carnival

By Joe McMahon

American High's International Club and Sophomore Class sponsored the school's first carnival May 3 and 4. Excuses were many, but indifference was the deciding factor in the carnival being not as big a success as expected.

"Out of all the clubs, organizations and classes on campus, only six besides the International Club and Sophomore Class took part," said Mrs. Sonia Koujakian. "All of them were asked well in advance if they wanted to sponsor booths."

"All of the clubs, organizations and classes should have been represented," said Miss Loretta Filice.

Even after numerous pleas from students and faculty to make the carnival a school-wide activity and a big fund-raising event, most organizations decided not to sponsor booths.

"Backing was missing from both the faculty and the student body," added Miss Filice.

The carnival was also a chance for everyone to support American High's clubs and organizations and a chance to have fun doing it. Where was most of the student body and faculty? Nowhere in sight.

Although the carnival was a bit of a letdown for those who worked in it, special appreciation is due to many people. Most noted are the students who were involved in the carnival, for their time and effort.

Also thanked are the teachers who made the dunking booth a success, the cooking classes, the Greek Orthodox Church, Lucky's Supermarket, the Oliveira School P.T.A., and American High's custodial staff.

Support from parents came from Mrs. Kline, Mrs. Jacobsen, Mrs. MacGregor, Mrs. Provancha, Mrs. Weiss, Mrs. Clask, Mrs. Connell, Mrs. Rederizo, Mrs. Hiti, and Mr. and Mrs. Machado. Support from teachers came from Mrs. Feine, Mrs. Szabo and Mr. Lloyd. All should be thanked for their time and energy.

Special acknowledgment should go to Mrs. Koujakian and Miss Filice as they made the carnival possible.

Mrs. Koujakian and Miss Filice would like to thank the students of Alviso, Oliveira, Patterson and Thornton Schools for making the carnival a success.

(The Opinions expressed on this page are not necessarily those of the NEWSPAPER STAFF but only the individuals listed.)

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activities

Student Gov't at Work

By Terry Callaway

If you have noticed on the 12th Grade Student Services Office, we have posted the ACTION committee. These people are for you the students. If you have a suggestion or comment just tell them and they'll make sure it's brought up at the next meeting.

If you have any ideas or suggestions don't hesitate to tell one of the committee members. We are trying to bring student government to YOU.

A function of school that students know very little about is student government. It meets in the A.S.B. Office every Tuesday. Various ideas and topics have been brought up in meetings. Earlier in the year student government tried to get athletes (boys and girls) out of P.E. during their sport. Due to various complications the P.E. staff refused to allow it. After hearing their grounds of refusal it was decided that they were correct.

Another goal was to have vending machines on campus. But there was a state law prohibiting them on school grounds. An amendment to the law stated that they could be allowed on campus with school board approval.

Since the year is closing there isn't much left to do. However, this summer student council will meet and plan next year's activity schedule. Dances, contests, more exchanges, and various other activities will be scheduled in.

A Little Bit of Soul At American

On April 26, a little bit of soul was experienced at American High School. Little was known about soul food so it was decided to plan, cook and serve such a lunch.

Jan Alexander, Anita Williams, Debbie Hopkins, Bev Wallace, Teri Stenson, Terri McClain and Gayle Britton were the girls involved. Each girl invited a guest.

Mrs. Davis reports that the girls did the entire lunch for 20 by themselves. A shopping trip was made to Housewives Market in Oakland for special items such as chittlings and greens. Other food on the menu included scalloped potatoes, tossed salad, hot water cornbread, sweet potato pie and lemonade.

Below are two recipes included in the lunch.

COOKED GREENS

serves 4

3 bunches Chinese Mustard Greens
3 bunches turnip greens
2 hamhocks or 1/2 salt pork
1 green Chili pepper
garlic salt

Boil hamhocks for 1 hr., strip leaves from stems and wash carefully several times. In a large sauce pan place chopped pepper, garlic, hamhocks, and water from hamhocks and cook for 10 min. Add greens and slowly cook for 1 1/2 hrs. Add 1/2 cup bacon grease, garlic salt 45 min. into cooking.

SWEET POTATO PIE

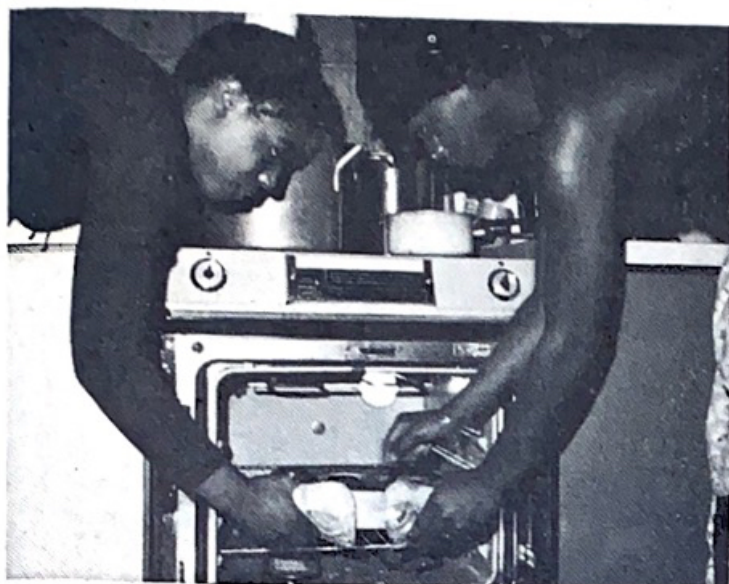
Make one pastry shell.

2 yams
3/4 cup evaporated milk
3 eggs
1 cube butter
1 cup sugar
nutmeg
cinnamon

Boil yams until very tender. Peel. Mash yams with butter. Add milk, eggs, sugar, and mix well. Add nutmeg and cinnamon to taste. Filling should have consistency of pumpkin pie filling. Pour into pastry shell and cook until set (45-60 min.) in a 350° oven.



Anita Williams prepares hot water corn bread while Gayle Brittain checks sweet potato pie.



Teri McClain and Janice Alexander cooking scalloped potatoes.

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New Spirit Leaders

By Arlene Stevens

The end of this year is rapidly approaching. Try-outs for next year's song-girls, cheerleaders and letter-girls have been held since April 18. The girls have been working hard every day to accomplish the skill, spirit and poise which the judges look for. Cherie Olson, this year's head cheerleader has been working hard with all of the girls and having them do "mock try-outs." Since over half of the girls have never tried out before, they are nervous and unsure of themselves. "Mock try-outs" make it easier for them to relax.

Next year's cheerleaders were picked Thursday, May 9. The spirit squad will include the following:

VARSITY HEAD: KIM McALLISTER

Lynda Christiana
Ann Jacobsen
Toni Briggs
Debbie Louwaert
Jill Dunning

J.V. HEAD:

KELLY GOMEZ
Bonnie Scott
Debbie Berlinn
Sandy Hitchcock
Cindy Delaney
Carye Gallegos

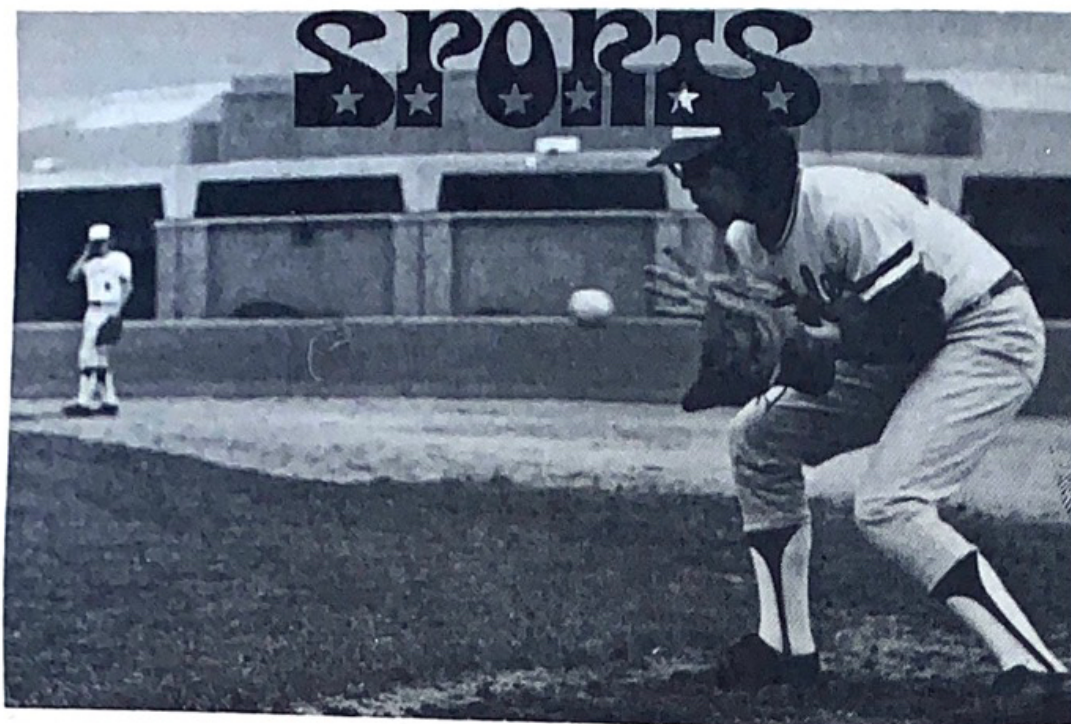
The advisor for the cheerleaders is Mrs. Boothby; Song-girls advisor is Mr. Swift and Letter-girls is Mrs. Davis.

Next year we will have Freshmen cheerleaders. Their addition for next year will relieve the burdens placed on our current spirit groups. Congratulations to all of our new spirit groups.

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Frosh-Soph First Baseman Mark Marymee

F-S Eagles Finish Near Top

By Kevin O'Neill

American's frosh-soph baseball team finished second place behind only the Irvington Vikings in their race for the championship. A frustrating loss to the Vikes on May 2 all but eliminated the Eagles from the title picture.

Although Irvington was on top 7 to 5 when the game ended, the Eagles overcame a 6 to 0 Viking lead and

nearly won.

Brothers Manuel and Dave Souza starred in the game, Dave hitting a two-run homer. Mike Saenz was called back after apparently hitting a home run. The blast, which was called foul, could have decided the outcome of the game.

In more recent action, the Eagles

upped their record to 9 wins, 4 losses in beating Logan 6 to 5 on May 1.

Leading 6 to 1, going into the seventh and final inning, American hung on to gain the victory. Steve Wittmer and Tim Manuel hit home runs.

Irvington clinched the league championship by defeating Mission's Warriors.

Swimming

By Tom Van Deusen and Doug Johnson

American High's varsity swimming team ended their 1974 season with a disappointing record of 0 wins and 12 losses, while the frosh-soph team finished with a 6 and 6 record.

Although the varsity Eagles did not win a single meet, there were some bright spots to the season. Ten school records were set, four by Dave Kisco. The records are:

EVENT	RECORD HOLDER	TIME
200-yard medley relay	Jerry Murphy Greg Attwood Dave Kisco Tim Nash	2:06.6
200-yard freestyle	Mark Cantley	2:13.1
200-yard individual medley	Dave Kisco	2:32.9
50-yard freestyle	Dave Kisco	25.5
100-yard butterfly	Jerry Murphy	1:12.1
100-yard freestyle	Dave Kisco	59.1
500-yard freestyle	Mark Cantley	5:56.4
100-yard backstroke	Marc Anderson	1:27.0
100-yard breaststroke	Dave Kisco	1:14.3
400-yard freestyle relay	Jim Sigman Tim Nash Tom Basil Dave Kisco	4:09.6

The frosh-soph 200-yard medley relay team broke the former record, stopping the clocks in 2:05.7. John Martin set a new 500-yard freestyle mark, being timed in 6 minutes, 57 seconds.

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Scoreboard

By Pete Carroll

Newark 2 - American 1

Rob Bergmann's 3-hitter was a wasted effort, as his American teammates could only get him one run and four hits in this loss.

American 3 - Mission 2

A blind play cost Mission the win in this one. The winning run came about in the top of the 7th, when the Eagles' Dave Billoups was hit by a pitch. The Eagle speedster was then sacrificed to second by Bob Perez, and scored when Larry Cambr's grounder was booted by Mission's shortstop. Dave Theophilus collected the win and Rob Bergmann the save.

American 1 - Memorial 0

Dave Billoups went 2 for 4 at the plate and knocked in the winning run in the bottom of the 7th. Rob Bergmann hurled a 5-hit shutout and picked up 11 strike-outs.

Kennedy 10 - American 1

Jeff Zentner was pounded early as Kennedy routed the Eagles. Zentner

was not completely to blame, however, as 6 errors were committed by American players.

American 5 - Washington 2

Washington jumped off to an early 1-0 lead on a first inning homer, but failed to hold their lead as the Eagles tied the score in the fourth inning, and exploded for 3 runs in the 5th to put the contest out of reach. Dave Weinstein's bases-loaded triple was the big blow. Rob Bergmann unleashed a 4-hit, 9 strike-out performance for the win.

Irvington 2 - American 1

Irvington's Brad Pennington's 4th inning home run broke up a tight pitching dual between American's Rob Bergmann and Irvington's Sam Arbogast, with Bergmann getting the loss.

Logan 10 - American 0

Another early shower for an American hurler highlighted this match. The Eagle's one bright spot was Bob Perez' 2 for 2. Dave Scheimann of James Logan tossed a 4-hitter.

GOLF

By Joe Kramer

Very few people know anything about American High's golf team except that it exists. The team consists of eight golfers, six competing in each match. The top six golfers are: Mike Lemmon, freshman; Lee Johnson, freshman; Chris Salazar, senior; Mark Pare, sophomore; Dan Davis, freshman; Tom Hunter, freshman.

The golf team has a disappointing record of 3 wins and 11 losses, but has high hopes for the coming year. Only one senior, Chris Salazar, will be leaving the school.

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