

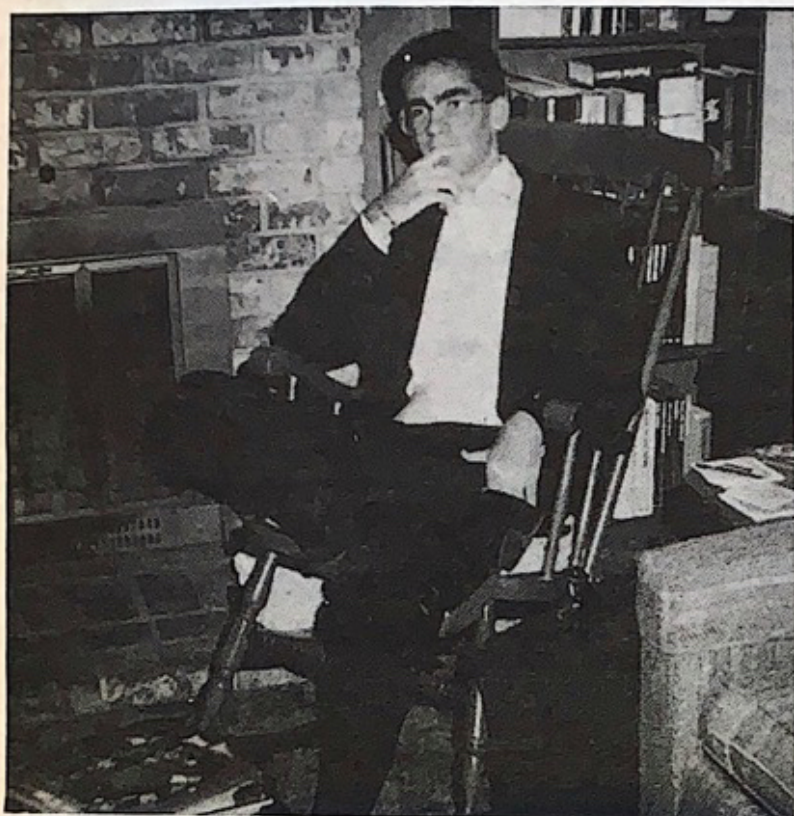
AMERICAN

EXPRESS

VOLUME 1V

NUMBER 7

FRIDAY, MAY 6, 1988



Daniel Miles poses for a photo at his house during Homecoming '88.

Leaders of the Pack

By Kelley Olivo and Rebecca Ehsan

It was a week of competition and anxiety as the student body elected officers for the 1988-1989 A.S.B. on April 20 and 21.

The presidency was determined by a run-off election between juniors Virginia Bacta and Tom Mello. Mello was victorious with 21 more votes than his opponent.

After two years of staying out of student government, Mello feels that he has the ability to help the government run smoothly. Mello's plans for the upcoming school year include: the continuation of the beautification campaign, improved inter-district communications, and the implacment of communication between the classes at AHS.



Tom Mello



Danielle Black

Mello supports the new constitution proposal. "I like the part where it limits the voting power of the general council to elected officers," he said. Mello is also the founder of the Young Republican Club. The elected vice-president is junior Danielle Black. After serving as a class officer for three years, she feels that she is capable of holding the position. One of her goals for the new year is to try to involve more students in the student government process. "I want to help the school activities and to get others involved," she said.

Marvin Liu was elected Chief Justice. Liu believes that he has the energy and the capability to hold his position. He wants to maintain order at the meetings and see that the minutes are passed. "I will try to do the best job I can," he said.

Class Valedictorian's Death Affects All

By Rosita Ehsan
Editor-in-Chief

American lost one of its best and brightest students during spring break. Dan Miles, Senior Class valedictorian, died unexpectedly at his home on the evening of March 27.

Contrary to reports, Dan's death was not a result of substance abuse or suicide. The family believes it to be aneurism. But the coroner has not determined the cause of death yet.

Mrs. Michaelene Miles found her son collapsed over a bowl of ice cream in his bedroom. He was pronounced dead an hour later at Washington Hospital. "I heard a loud noise and yelled, 'Dan are you alright?' I heard no

response though," she said. "I was in his bedroom within half a minute. So to my knowledge, he basically died in my arms."

Mrs. Miles said that Dan was healthy. "He did not complain of a headache or such. He was

"Daniel touched the lives of so many people in so many ways. Because of that, his death touches us."

- Rev. Tim Grimme

perfectly fine that day," she said. "We went to church in the morning. He held my hand and we occasionally exchanged a kiss. He wasn't himself. For Dan to get even two inches

close was enough," she said.

Dan's unfortunate death left a void in the lives of students, faculty, and family. Over 300 people gathered at Holy Spirit Catholic Church on April 5 to pay their last respects. Reverend Tim Grimme, Dan's uncle and godfather, delivered the eulogy. "Daniel touched the lives of so many people in so many ways. Because of that his death touches us," he said.

Following funeral services and burial at Mission Hills, family and friends gathered at American for a reception. They shared memories of the senior that was special to them. "Dan was the one person I could tell anything and everything to and not have to worry about being judged," said senior Doreen O'Brien.

Spellers Buzz to District Bee

By Jamie Miles
News Editor

"Spell *incubus* please. Let's see...incubus... I-N-C-U-B-O-U-S ... incubus.

No, I'm sorry, that is incorrect." Juniors Laura Rush, Sarah Jamelo, and senior David Galbreath will be attending the Alameda High School Orthographic Championships as a result of a school-wide spelling bee. The bee, held at lunch in Theater 50 on April 21, was a competition between approximately 15 students for the chance to attend the Alameda County finals.

The three students will represent American High School at the contest on Friday, May 6 at the Alameda County Office of Education in Hayward. Three winners from the bee will represent the Alameda County at the California State High School Championship on May 14 at Diablo Valley College in Pleasant Hill.

"I wasn't expecting to win, but I hope to do well at the district championship," said Laura Rush. "I was really surprised, I only did it for fun and because some friends talked me into it," said David Galbreath.

Juniors have "time of their lives"



Deborah Sin, Robin Morris, Jocelyn Surla, and Greg Hoffman enjoy a night out of town.

By Eileen Chung
Staff reporter

The Berkeley Marina Marriot bustled with American High School juniors on Saturday, April 9. The class of '89 show cased their Junior Prom theme, "The Time of My Life," that evening.

It was a night of dressing up for dinner and dancing. Bids were sold weeks earlier for \$45 a couple. While some couples rented limousine services for transportation, others arrived in self-driven autos. Students as well as faculty were excited. "To see the kids acting like ladies and gentlemen shows how fast time has gone by since they were freshmen," said Mrs. Lorraine Richmond, eleventh grade secretary.

After dinner was served, couples dispersed to take portraits, walk on the marina, or take advantage of the dance floor. A disc jockey, All Nite Productions, was hired for the occasion and entertained with various types of music.

Memorabilia was distributed by class advisors Paul Bonnocors, Lorraine Richmond, Teri Tinsley, Maelene Wong, and Lois Haselby upon arrival. Among the memorabilia items were photo keychains, bids, garters, memory books, and toy "Wuzzies." "It was well organized so that the class of '89 could enjoy themselves," said Junior Class Vice President Jocelyn Surla.

As the evening came to a close, juniors headed off to beaches, Great America, an early breakfast, and cruising. "It was a pleasant and festive occasion shared with my friends," said junior Valentoni Islaya.

★ THE CANDIDATES

By Jamie Miles
News Editor

Reprinted from *USA Today*

George Herbert Bush, 63, is currently the Vice President of the United States. He has also served as a UN ambassador and head of the CIA. Nicknamed "Poppy", he played basketball, baseball, and was Senior class President at the Phillips Academy in Andover, Mass.

After serving as a naval reserve bomber pilot in World War II, he attended Yale University. He built a career in oil in Texas following college. He is married to Barbara Pierce Bush and they have five children.



Rev. Jesse Jackson, 46, is a civil rights activist in Chicago. Active at Sterling High School in Greenville, S.C., he was voted "best athlete", was a member of the National Honor Society, the yearbook staff, the drama club, and the school choir. He attended the University of Illinois and North Carolina A & T State University. He is married to Jaqueline Jackson and they have five children, three boys and two girls.



Michael Dukakis, 55, is currently serving his third term as Governor of Massachusetts. He was a four year band member and played track and basketball at Brookline High School in Brookline, Mass. He is married to Katherine Dukakis and they have two children, a son and a daughter.



★ THE RACE FOR THE WHITE HOUSE

HELPING

If you want excitement, volunteer on a political campaign. Campaign work not only looks good on a resume but also gives a breadth of experience and contacts that can pay off later, campaign workers say. You're never too young to get involved in politics. The following are tips to get you started:

- * Read, ask questions and choose a candidate.
- * Find out where the local campaign office is located. Call directory assistance in your area and ask for the campaign headquarters for your chosen candidate. If you can't find a phone listing, call your local newspaper or party headquarters.
- * When you call the candidate's campaign office, ask for the volunteer or youth coordinator.
- * If you have a resume, take one to the campaign office. If not, tell the volunteer coordinator about your skills. For example, if you know anything about computers let them know. If you work on the school paper, tell them. They may need help writing press releases.
- * Often you can get class credit for your efforts. Ask your civics or political science teacher if you can get credit for working on a campaign.
- * Try to work regularly—even two hours twice a week is a good schedule.
- * If you're working later than expected, be sure to call your parents. It's better than having them call campaign headquarters wondering what happened.

Wanted: student volunteers

If you're wondering about other volunteer jobs, below is a sampling of jobs and skills often needed in political campaigns.

- * Typist: enters mailing lists into computers, updates registered voter rolls and similar chores.
- * Receptionist: fields information calls.
- * Sign worker: paints and distributes signs.
- * Driver: runs errands.
- * Host: greets people at receptions.
- * Computer aide: helps with fund-raising, mailing lists and delegate tallies.
- * Press aide: helps organize news releases.
- * Canvasser: passes out literature in public places.
- * Phone specialist: makes calls for fund-raising, recruitment and getting voters to the polls on Election Day.

Reprinted from *USA Today*

Voting Trends at American

Compiled by Rosita Ehsan

According to a recent *American Express* survey, 71% of the 18-year-olds at American are registered to vote. The following is additional information gathered from the survey:

What party do you belong to?		
Democratic.....51%	Republican.....38%	Other.....29%
Will you vote in the upcoming November elections?		
Yes.....78%	No.....22%	
Which candidate do you favor?		
Bush.....42%	Dukakis.....31%	Jackson.....18%

Bobby McGee's
Conglomeration

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Add the magic of Bobby McGee's to your special night
choose from 2 COMPLETE dinner packages below...

ONE

Bobby McGee's Famous Fried Zucchini Appetizer

A trip to our Award-Winning Salad Bar or
Spinach Salad with Hot Bacon Dressing

Your choice of entrees:

Half-pound Prime Rib of Beef Au Jus

Beef Brochette
Skewered with Fresh Vegetables

Mahi Mahi Macadamia
Delicately sauteed and garnished with Macadamia Nuts

Broiled Island Chicken
Slow-broiled Boneless Breast of Chicken

Sliced Sirloin of Beef
Broiled to your specifications

Kahlua Mousse Dessert

Soft Drinks or plain House Drinks

PLUS AND
Two Souvenir Ceramics of your choice Photo package of two
photographs and cards

50⁰⁰ per couple, TAX & TIP INCLUDED

TWO

Shrimp Cocktail Appetizer

A trip to our Award-Winning Salad Bar or
fresh Spinach Salad with Hot Bacon Dressing

Your choice of entrees:

Master Cut Prime Rib of Beef Au Jus

Large Filet Mignon
Juicy, Center-Cut Tenderloin

Fried Shrimp Platter
Prawns fried to golden perfection

Lobster Alfredo
French sliced in mildly spiced Cream Sauce,
served with Fettuccine

King Crab Legs
One pound of Alaska's best served with Hot Melted Butter

Two Desserts of your choice

Soft Drinks or plain House Drinks

PLUS AND
Two Souvenir Ceramics of your choice Photo package of two
photographs and cards

75⁰⁰ per couple, TAX & TIP INCLUDED

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Just Thinkin'

By Rosita Ehsan
Editor-in-Chief

A small group of individuals dedicate their time and effort to put together literary works for the student body. They face many hardships but somehow manage to solve their problems. Yet, no one ever realizes how much hard work they go through to distribute the end products, whether they be yearbooks, newspapers, or literary magazines.

Unfortunately, it looks like their will be no yearbook, no late night editing, and no special memories for the class of '89 next year. The reason? Simply because only four people have signed up to take yearbook.

What this situation shows is the lack of interest. It proves that nothing but major athletics are supported by American High. Each time our basketball team or cheerleaders win an event, they are immediately recognized for their hard work. They allow our administrators and student body to take pride in American. Yet, the yearbook won a prestigious award for last year's book. How many people made a big deal out of that? The staff had a tough "workout" throughout the year and not just during a particular season. The advisor and the editor were in school for hours -- sometimes

until midnight to be exact. Don't they deserve some recognition? Don't they make us proud? Our book was given a high rating among literary works from around the nation not by a MVAL committee!

The yearbook seems to be a perfect example of hard work and no support deal. Yet, this situation is faced by the newspaper and the literary staff, too. The newspaper has struggled to gain the right equipment to improve its look. Well, it finally acquired a computer and unquestionably, it looks a lot better. But how many people have actually commended the staff for their effort? All that is heard is criticism! The literary magazine's staff had an all-senior staff except for one junior! Why? Because no one else cared. Its scary to think of what next year will be like. Maybe no yearbook and no magazine!

That fact is that this year's underclassmen need to change their attitudes. It's time they realized that they can't have everything given to them. They must commit themselves to some responsibility to gain special things like a yearbook, a newspaper, or a magazine.

(EDITOR'S NOTE: If you care enough about this situation, it's not too late to go to your counselor or to Ms. Roman and tell them you want to take yearbook as a class next year.)

Especially girls

Dieting craze affects many teenagers

Compiled by
Melanie Marciel
Viewpoint editor

Teenagers, especially girls, have a unique penchant for dieting. According to published reportsm one half of them may be attempting to lose weight at any one time. Some students actually begin dieting as early as fourth grade.

These statements may startle some people, but not the quacks looking for a quick buck. They know them well and have pounced on that audience, offering "magical" diets and pills to keep the pounds off. Most of the diets virtually all the the pills are worthless; some are even dangerous. At times, some diets will achieve a temporary weight loss that is usually unrelated to the "magical" food or pill.

The dieting craze may be particularly questionable for adolescents, since a well-balanced diet is vital during the teen years when the body goes through dramatic change and growth.

Depending on the ingredients, some pills promoted weight loss can cause side effects such as nervousness, nausea and insomnia, and can also be addictive.

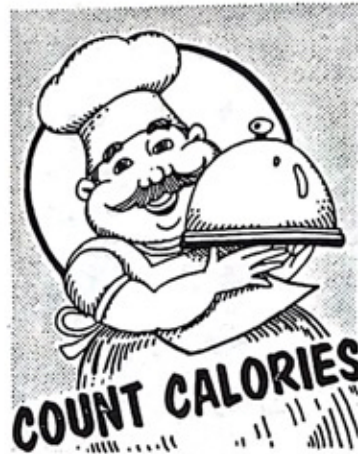
The recognized active ingredient in most non-prescription diet pills is either phenylpropanolamine (PPA) or benzococaine. The effectiveness of these two ingredients for weight loss has yet to be determined by FDA. However, too much PPA has been associated with elevated blood pressure. Benzococaine is

promoted for weight loss and "body toning." These stimulators can be dangerous when used incorrectly. Hazards include electrical shocks and burns.

Body wraps are another gimmick. They're touted as a means of burning off fat. The wraps are worn around part or all of the body, sometimes preceded by the application of a cream or lotion. Temporary weight loss may occur as the result of sweating and loss of water in the tissues, but when the water content of the tissue returns to normal, the "lost" weight reappears. The wraps do not "burn" or dissolve fat. Furthermore, some experts consider them dangerous because they can cause severe dehydration and circulatory problems.

There are no magic foods, pills, wraps, diets or wands for losing weight. The only effective way to lose weight is to consistently eat fewer calories than the body needs and uses each day.

This practice, however, especially when done by teenagers, should be under the supervision of a medical doctor. Growing bodies can't tolerate excessive nutrient loss that comes from eating too little.



supposed to work by numbing the inside of the mouth to make food less appetizing.

Some devices are also promoted for weight loss. Electrical muscle stimulators, for example, have a legitimate use for physical therapy treatment, but FDA has had to take a number of such devices off the market because they were

EDITORIAL

American High School students had an opportunity to choose ASB officers last month. The election process was supposed to allow the student body to elect capable individuals to run the student government next year. Some people took advantage of this opportunity and some did not. When voting, a few looked for experience while others went by good looks and charm (or maybe plain old conceit).

When one elects government officials, one should not vote by outward appearances. Instead, the criteria should be experience, the ability to handle the job, and maturity. Some might say, "What's the big deal. This is only a school election." The big deal is that the individuals elected will affect student-run activities and they will represent the school at various places. True, it helps to have good-looking officers. But what is looks without brains? We're not implying that the newly-elected "officials" are stupid. We're stating that one must know what he is doing and

where he is going if he wants to run the government, whether it be at a high school or at a national level. However, in a democracy, the final decision is the people's choice. It is the AHS community who chooses what type of people it wants to run its government next year.

Sometimes, student elections are referred to as "popularity contests." While the statement might be true, one needs to consider what being "popular" really is. As defined by Webster's Dictionary, popular means "generally liked and approved; of the people." Certainly, these definitions fit ASB candidates. Thus all elections are popularity contests since it is the choice of the people.

However, something needs to be done to make the election process fair to deserving candidates. Perhaps, as we suggested in another issue, candidates should have opportunities to let the students know their stands on certain issues--not on paper but in an assembly.

Letters to the Editor

Dear Editor,

I cannot begin to explain the outrage I felt as I read the viewpoint "Bring Back TAK!" in your March 15 edition. I graduated from American High School last year on my school grounds and I can honestly say that I am so proud of that fact!!

When I drive by the football field at American and look at those bleachers, I can visualize my graduation. And I DON'T see the autoshop! I see my friends and family. I hear the speeches of my classmates and advisors. I see the place that helped me grow into the person I am today.

I cannot stress enough how proud I am to have graduated at American High's football field.

Last year was the first year a high school graduation was held at American. Sure, there were some problems but that was to be expected. Nothing is ever perfect -- especially the first time. I am sure the technical problems will be smoothed out this year now that American has experienced a graduation.

Each year the ceremony will become better and better. If those seniors opposed to graduating at American would have faith that their graduation day will be fun and memorable, maybe they will have a good graduation.

My father videotaped my graduation last year and when I watch that tape, I don't see the autoshop. I don't get sidetracked by the technical problems. I see myself and my classmates graduating from American High and entering the "real world". And most of all, I see us ENJOYING our graduation at American.

Sean and Melanie may think they are getting support and action form their posters and ideas for graduation. What I see are two immature seniors who think a good way to get around something is to make people laugh. Grow up--soon you will be out in the real world where that isn't always appreciated.

With PRIDE,
Monica L.Serresseque

Dear Editor,

Were the 1988 ASB elections a popularity contest or what? Did anyone ever stop to think these people will be in control of our school. So what if they play football or are cheerleaders. Does this make them good leaders? NO!!

There are other people in this world besides the football players and the cheerleaders. There are leaders and the involved people who know what ASB is all about. Did anyone ever stop to think that someone more qualified was running or did they just pick the best looking?

It seems that this is a trial run for Homecoming King and Queen. Something has got to be done about the contest. We were not voting for most popular for the yearbook. We were voting for the future at our school.

Signed,
Upset student who cares

AMERICAN EXPRESS

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AMERICAN EXPRESS is published monthly by the Journalism class and is the official student publication of AHS. Opinions expressed on the viewpoint page do not necessarily reflect opinions or official policies of the school. Readers are encouraged to express their concerns and comments by writing letters to the Editor. Letters must be signed. Names will be withheld upon request. The Editor reserves the right to reject, abridge, or edit letters.

Spotlight 'For Joe's eyes only'

By Mark Bowen

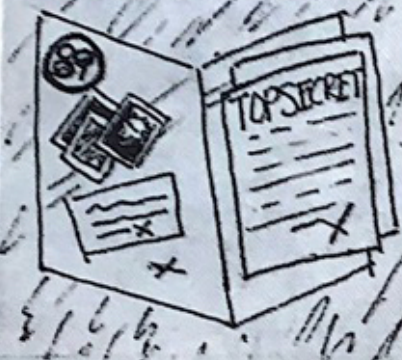
You may ask yourself, why is the class of '89 such a bunch of losers? They are talented, involved, and they possess a lot of creativity. Why can't this year's Junior Class win anything? CONSPIRACY! It has long been suspected that the rest of the school was plotting against the juniors, but through a startling revelation - we now have proof!!

It all started on a lazy Friday afternoon when a Gateway TA, who will remain anonymous, was retrieving a student's folder from the filing cabinet. He noticed a folder that had been carefully tucked in the back of the drawer. What caught his eyes was the bold print which read: TOP SECRET - FOR JOE'S EYES ONLY! Since it had a sinister look to it, the TA felt compelled to open it. What he found inside was enough to shake the foundation of American High School.

class presidents of past and present years. When I asked a former class president to explain the incriminating evidence, he simply replied, "When I was first elected into office the Association informed me of how the Class of '89 was superior to all of us. Then they told me that we could have assured Spirit Week victories over them for two years if our class made a sizeable donation to their 'fund'." As I questioned



other people whose name appeared on the 'donation list', I received basically the same answers. But the conspiracy didn't stop at Spirit Week and class officers. It had spread like a bad virus throughout the whole school. It had infected classroom activities and even rallies! Who recalls the barfing contest that the Juniors suspiciously lost? "We were just about tell the Juniors that they had won when a note was handed to us. It said that if we let '89 win, our parents would be sold to Canadian tundra farmers. What was I supposed to do? Let my own mom and dad be sold into slavery!" Rally Commissioner Stacie Tarango broke into tears as she recalled this incident.



On the morning of April 4, 1988, the distressed TA presented to me what he had found. To my shock and horror, I found the folder to contain an entire outline for the conspiracy to destroy the Class of 1989.

The author of the plan was only identified in the paper as 'Mr. X'. Why would Mr. X and his co-conspirators want to ruin the Junior Class when they have so much going for them? This question was answered on the first page of the plan: "Due to the extreme superiority of the Class of 1989, this association has deemed that immediate action must be taken to extinguish this flame."

Upon reading this evil plan that Mr. X had penned, I felt compelled to dig further into this scandal. Among the papers, I had found copies of receipts and cancelled checks that were somehow connected to various

ATTENTION ALL CLASS OFFICERS,
Be sure to have all donations to the Association turned into Mrs. Wiley no later than three o'clock today or else your privileges will be suspended indefinitely.
-X

I decided to delve deeper into the details of the conspiracy. I wanted to see just how far the cancer had spread. The students were one thing, but I knew that the teachers were the real key. If teachers were in on it, all hope for '89 was lost. I questioned a certain English teacher (who requested to remain anonymous due to safety reasons) and he told me of his role in the scandal. "Sure I was in on it! How do you think I got the money to buy my new BMW 328? The Association pays me X-amount of dollars every so often to 'keep things in order'. I guess I'm what you might call the ringleader of the teachers. I give them their 'assignments' which come directly from the 'head office' and I'm also in charge of handing out their 'bonus checks', if you know what I mean. The key is to cooperate with them, and you'll get what's coming to you. Who really cares about one class anyway?"

This was growing into something much larger than this reporter had ever expected. Although I was enlightened as to the role of the teachers, I was still no closer to finding the identities of the members of the infamous Association. (...TO BE CONTINUED IN NEXT ISSUE)

TO: STAFF

Please be sure to be at the meeting on October 2, 1987. We will be discussing how the Spirit Week grading sheets will be arranged as to arouse NO suspicion from the Junior class. We will bring our own to tell them to put some-thing on the carpet that will be difficult to clean up. Hay was suggested at the last meeting. It's always easy to kill a class because clean up. Please be on time.

As planned, this year's spirit week victory will NOT be given to the Class of 1989. I have just received payment from the Class of 1990, and 1988, and this will assure them the first and second place spot. Third place will NOT be given to the Class of 1991, because of their lack of class funds. Please do not let a class of the Junior's spirit week decorations away your work decorations where you live. We know where you live.
TO: Greg McDowell, A.S.B. Pres.,
Due to lack of petty cash, the Association will need a donation from the A.S.B. funds. Please inform the A.S.B. treasurer, Jennifer Greenwood, to make the check payable to American High School Athletics Department. Thank you for your generosity.
-X

TIGGER TALKS

By Virginia Baeta

Losing.

Boy, is that a crappy word.

In fact, it has to be the number one "crappiest" word ever put down in a Webster's dictionary.

But, at one time or another, losing has to be faced, whether it be in a football game, a spelling bee, a general head game, or an election.

And even though everyone realizes losing has to be faced, and often we are prepared for loss, it still hurts. Anyone who has lost in anything before knows how it feels. An anonymous friend of mine once said, "While competing, you...feel like you're soaring up in the sky, but once you lose...it feels like someone pounced right on you and ripped those wings right off. You feel so empty..."

When he told that to me over the telephone, he had just lost a major election, and I was riding high on a campaign. At that moment, I agreed with him, but I truly had no comprehension of what he was talking about...



One week later, I knew.

My wings had been torn off, and I felt so empty...so empty.

It wasn't until three days after the run-off election, when I happened to hear a recently made song on the radio, that I realized exactly what I had to do. The song was Mister Mister's *Broken Wings*. There is a line in it that sings like this:

...So take these broken wings and learn to fly again, learn to live so free...

I suppose my solution is self explanatory. Never give up on what you care about, even if it hurts you. If you lose, just pick up those broken wings and learn how to fly again.

Congratulations and the best of luck to Tom Mello, Danielle Black and Marvin Liu, in the upcoming year. We're all rooting for you!

The Rumor Mill Who will be next?

By Stephanie Jameson
Staff Reporter

"Hey, did you hear about Mike going out with Pam behind his girlfriend's back?"

"No, but did you know that Bruce got caught selling drugs in the parking lot?"

Have you ever heard any of these famous statements as you walked through the halls of American High? The infamous rumor has struck again. Although most of us would not admit to starting or spreading them, quite a few of us are guilty.

Do you ever listen to someone and hear something really juicy? That little tidbit just has to be passed on to your best friend. So, in secrecy, you tell your closest friends, and

they tell someone, and so on and so on. Within minutes, almost all of American High has heard about that one little blurb. Thus, the rumor begins.

If so many of us hate the nasty little stories, why do we continue to start and spread them? Maybe it is because of our need to feel superior to those around us. If we can get some dirt on a person we do not get along with, maybe their life will be momentarily disrupted.

You say you have never been guilty of the rumor crime? If you have ever told a friend something that is heresay, you are guilty. So, when you think of talking about what you hear, think again. It may get you in more trouble than you think!

Students Speak Out!

By Melanie Marciel

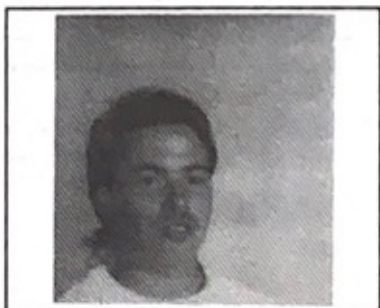
Anorexia and bulimia are constant problems among many people today. Why do you think that young people feel the need to be slim and trim?



Senior

Kim Jenson

The main focus of attraction these days is physical. It seems as if you're not worth a second glance unless you're thin and tan. Young people like to be noticed--if they have to pay a lot for a tan or destroy their bodies with anorexia, they'll do it.



Junior

Anthony Ramos

The reason people today are anorexic or bulimic is because they think that if they are fat, people will dislike them for what they are and they feel they need to stay "slim." I think if people don't like you for what you are they are not your friends.



Sophomore

Joey Szabo

California is a warm coastal state so everyone goes to the beach. People want to look good at the beach and impress others. So they need to be slim. From personal experience, large women do not look good on bikinis.



Junior

Angela Vassallo

The desire to be good-looking is so overwhelming that kids will do anything to attain that beauty. Have you ever noticed that teenagers who have a boyfriend or girlfriend usually don't care what they look like because their special somebody loves them for who they are.

Why are words sung
Why is the sky blue?
Why do the good die young
When He knows we need them too?

I'd scream at the top of my lungs,
"Why did he have to face strife?"
Why do the good die young
"Why didn't He take my pointless life?"

How can we feel among
those who are of brilliant mind?
Why do the good die young
and the menial get to stay behind?

Why should imagination be hung
out where it could be blown away?
Why do the good die young
when the shallow get to stay?

Out of his heart goodness sprung
Never an unkind word said.
Why do the good die young
Maybe he's better off dead.

God wanted him among
the angels and the saints.
Why do the good die young?
Because they deserve a better life.

-Kristin Baker

Until we meet again

-Eileen Chung

The bell rings, "aw man", I would mumble and hurriedly proceed to my fifth period class. It gets a little rushed after lunch but I would eventually reach the German class way back in the 700 wing. And each day it would be the same, becoming routine. Upon arrival to that class, Dan Miles would be the one to greet me each day. He'd be sitting on the counter shouting my name loudly, or moving desks around so that I may not find a place to sit, thus letting the teacher acknowledge my tardiness. His humor, wit, and sincerity characterized someone that I truly admired, and whom I will truly miss.

Dan's innumerable contributions to the school have made a long lasting impact on the faculty and students at AHS. Many classmates and friends he left behind, whether they be acquaintances or close friends, attended his funeral to bid him goodbye. They were sad and grew angry that his life was cut short unexpectedly. What many don't realize is that Dan was raised in a devout Catholic family. Instead of mourning, we should be rejoicing, for Dan is with God now and will not suffer anymore. Many felt that he did not live his life to its potential, but in my eyes Dan has triumphed over all.

I know that I will see my friend again.

Missing You

Constantly trying to prove yourself
Making funny remarks to belong
Didn't you know that we all truly cared
That you were someone special to us
Your sweet smile, your complaints about life
The little things you saw as problems
These were unique things I saw in you

So you weren't exactly a jock
You know that you were no nerd either
Yes you were quite intellectual
But sometimes you goofed like all of us
And you were very quiet at times
You sure could talk once you started though

Calculus won't be the same without you
Your essays won't be attacked by Ms. K
German Club needs your leadership
Track will miss a devoted runner
Genesis could use your artistic style
CSF has lost a strong officer
And after school is no run without you

Maybe I'm being a little selfish
But I can't overcome missing you
I wish you knew you were popular
You were liked and we all needed you
It's a shame we didn't show our gratitude
Didn't make you feel well-liked by all
But you will remain in our hearts
Our memories of you won't ever fade

- Rosita Ehsan

Tributes to Dan Miles

By Rosita Ehsan
Editor-in-Chief

It is sad to know that only tragic events teach us lessons. Most of us don't tell our friends how much we appreciate them and we never ever tell others we admire them. Such things are supposed to be understood by the people we care for. When Dan passed away, many of us cursed ourselves and others for not letting him know that we did think highly of him, that he was special. Perhaps, we need to take some time out of our busy schedules to let others know that we love them, whether they be family, friends, or acquaintances. We shouldn't hesitate to let people know how we feel about them. Telling someone that you admire them will not make them conceited. It will help them feel good about themselves. It will help them realize that someone really *does* care for them.

Like the rest of the student body, members of the newspaper staff have fond memories of Dan, whether they were close to him or not. Some of their concerns appear on this page as a tribute to the individual we all respected and cared for.

We should take steps to improve ourselves just like Dan did. He was a good role model for the rest of us. He influenced many of his friends and classmates. The following is a list of things Dan had written to help him become a better person. Without a doubt, he was an exceptional individual.

Smile.

Only see the good, unless the bad affects you directly and drastically.

You are rarely alone: you always have yourself to be with.

Do not count what you don't have as lost, only what you have as gained.

Listen to you not others or what you think others want you to do.

- Dan Miles

Class of 1988

Tribute to a friend

In this fast paced world of ours we tend to find death an everyday event reported to us from a person on a screen far, far away. In that way we become acquainted with

death but it's T.V. death—the other guy. Death on T.V. usually doesn't affect teenagers but when it isn't on the set but at home, it can hit hard.

During spring break, the AHS community lost a good friend, Dan Miles. If you knew anything about Dan then the death hurt to the point that you didn't know what to do. All of the questions came flooding from our inner

thoughts. How are Jamie and her family? And the biggest question—WHY? No one person can answer why. I've found an answer for myself though.

Dan was intelligent, no doubt about it. He was destined to be great and hopefully still is. Maybe, however, our world didn't deserve Dan and God saw this. To save him from this, he took him into his arms to protect

him. In a way, Dan accomplished what takes years for other people—to receive the care and support of God. For this reason, maybe we should be happy for Dan. Now he is in a world of happiness and care.

Happiness is everywhere. We only need to look for it. At Dan's funeral, I looked up into the green, swaying grass of the Mission Hills and I saw a young dog

romping through the grass, tail wagging and tongue flapping. I knew then that Dan had found his happiness because where Dan is that's all there is. Every time we see something that makes us joyous we can all be sure that Dan too is also happy and safe.

- Kevin Thorne



Have a great day at GREAT AMERICA!

By Chris Gunsaulis
Feature Editor

Spending spring break at Great America amusement park in Santa Clara, (formerly known as Marriott's Great America) just may be the most fun ever had by teen-agers all over the Bay Area. Not only does Great America have a number of high speed rides, it also contains a wide variety of games and restaurants which make it ever more exciting.

The newest attraction at Great America is a water ride called the Rip Roaring Rapids. The Rapids consist of a six person raft which people sit in as they ride down a simulated river. The ride is not on a track, so it's "never the same ride twice." For a quarter, observers can shoot water at the people on the ride. The Rip Roaring Rapids is a lot of fun, but if you ride it, prepare to get wet.

Among the favorite rides at Great America are the Log Ride, Willards Wizzer, the Demon, the Edge, Tripple Play and Orlean's Orbit. The log ride is your typical every-amusement-

park-has-one water ride. The Demon and the Wizzer are the basic roller coasters, and tripple play is one of those plaster-your-friend-to-the-wall rides. But Orlean's Orbit is just a wee bit different. The Orbit consists of about twenty, two person cabins, which are attached to a wheel. The wheel slowly begins to spin until the cabins are completely upside down, it rotates in this position a few times and then the ride is done. (Sounds like fun doesn't it?) Just don't ride it if you've got a weak stomach.

As for the restaurants in Great America, the food may not be excellent, but it is edible and there's plenty to choose from if you don't mind paying the

price. Whether you like Italian, chicken, pizza, or hamburgers, you'll find it, along with just about any kind of food your little heart desires.

Great America is a great place to spend your vacations whether your going with your girlfriend or our boyfriend, or just a friend. So next time you've got a vacation, spend it at Great America.



Off to work we go!

By Christy Bernstein
Feature Editor

"It's Spring Break!!" others yelled as they ran down the hall and departed from the school building. It was the last time they would enter that building for twelve whole days! As you also exited, you noticed the perfect blue sky, the terrific warm weather, the gentle breeze lifting the hair from your face, and then thought to yourself in a rage, "IT'S SPRING BREAK AND I HAVE TO WORK!!!!"

If this situation applied to you during spring break, don't fret--you're not alone. Many students at American High spent much of their so called "vacation" at work. Not everyone was off gallivanting at the beach (or tanning booth) everyday searching for that golden tan. Many were actually working hard to earn money for the basic necessities of every teenager's life-- clothes, fast food, and other items which always seem to pop up along the way. We commend those of you who gave up valuable vacation time to earn the extra purchasing power. Not everyone's parents support them through high school. Having a job is a large venture during the busy high school time. There's no reason to be down because you missed a few days of "fun in the sun."

Just think of it this way, when Belinda came back complaining how she had nothing to wear to show off her new tan, you looked totally fab in the new outfit you bought yourself! Or when Jake returned mad that he still couldn't afford the stereo he wanted for his car, you showed him the great stereo newly installed in yours--the one you bought with your own money!

Having a job isn't all a downhill ride. Though there are some sacrifices, the extra money can sure buy a lot of things. As sophomore Greg Hoffman stated, "Working over spring break is a necessary entity if you would like to have the necessities gained from this exercise."



By Kristin Baker
Staff reporter

The sun glistened as several bronzed bodies glided along the perfect tubes of white water rolling onto the sandy shore. They were days of fun in the sun and where else to spend them but on the beach? Looking out over the vast stretch of white sand you saw millions of colored rectangles with shiny people--oil coated and ready for the piercing of the sun to give them the summer look that would hopefully last them throughout the winter. People walked along the coastline side by side while the shimmering swells of water formed into giant tubes of crashing water.

The beach was a great place to

be for spring break. Relaxing under the sun was just what students needed to relieve the stress of the Monday thru Friday school day blues. Although one might have occasionally encountered at least one other person from school, one didn't have to worry about the words "homework" or "test." Late in the afternoon when the sun started to fall the colored rectangles and slightly burnt bodies began to disappear. As the last ones left they looked back to see a lonely beach, calm and still. They could hear the crash of high tide breaking against the rocks. One last glance and they set out for home. Tomorrow is another day (the exact same way). Ah what a life!



By Darcie Prunetti
Staff reporter

There were numerous things to do during spring break. Some students cruised up to Santa Cruz, roamed along the beach or boardwalk and then got a great tan. "I went to the boardwalk to walk around at night, but it was closed. So instead, we went walking on the pier," said senior Jason Gobel.

Others chose the nitelife scene to party their bodies at their favorite night clubs. Dancing under the lights and jammin' to the beat either in the city or at a local dance club was a popular idea. Or for some, the idea of just hangin' out in the city would provide an interesting evening.



SUN AND SURF ng ak

No Homework?!

By Danielle Black
Staff reporter

Spring Break is a time of rest and relaxation. WRONG! This past vacation for most was spent doing homework and term projects. If you went to a library over vacation, you could find many American High students researching for their reports.

People thought that there would be time to do fun things such as going to the beach, Great America, or spending time with friends; but instead, this break was spent doing the many assignments teachers assigned. "Why should we sit home,

while the teachers are sending to the hot spots of California?" said senior Kelli Moffitt.

Although the majority of the student body feels that break should be spent doing non-school related activities, many teachers hold the opposite viewpoint. According to instructor Mr. Marty Peacock, "If you take education seriously, you don't look at it as assignments, you look at it as learning something new." On the other hand, some teachers do not agree with homework. "Spring break or any vacation is a good opportunity to do long term projects, but not regular

homework. Some teachers give homework over break because they are behind in their lesson plan and that's not right," said Mr. Bill Dawson, American History and Economics instructor. "It's not right for teachers to assign work," said junior Stephanie Jameson, "because they (the assignments) get put off until the night before. The teachers should make the work due before the break."

The past spring break for many American High students was not spent as a vacation, but as a time to do homework all day.



A "relatively" good time

By Stephanie Jameson
Staff Reporter

"Hooray!" School is out for an entire week, but it will not be a glorious week for the small crowd who are forced to visit the worst of people--THE RELATIVES! Seven days must be spent with fifty of your most favorite people.

First, there is Uncle Moe. You cannot stand the way he laughs, and he is always finding something to laugh at. He makes a deep cackle sound that just drives you crazy, and when he starts wheezing it's all over.

Grandma Millie is next, and she is in her favorite place, the kitchen. With her cooking, the Pepto Bismol bottle is sure to be empty before the end of the night. If each relative does not leave her house at least ten pounds heavier, good ole grandma has not completed her job.



Finally, in the old rocking chair out on the porch rests old, old, (almost ancient) Grandpa Gus. He is so senile, he does not realize he is still living. Each time he sees you, he insists on calling you Clark, even though you are a female. But, he is content, so you leave him alone.



Then, there is Uncle Moe's wife, Aunt Bertha. She weighs about four hundred pounds and smothers you with her bosom when she hugs you. What makes it even worse is the fact that Bertha has an unusual amount of facial hair, and kissing a gorilla is not your idea of a great vacation. Often, you ponder why your aunt and uncle never ran off to join the circus. They certainly would fit in!



Imagine seeing anyone of these people individually. By themselves, they are unbearable, but perhaps worst of all is the fact that they are all here, gathered in one place! So, when you are sitting on that old battered couch, hating every minute of your visitation, remember what you get to do when the week is over. Somehow, Pre-Calculus does not seem that bad!



NIGHTLIFE

For those who chose to kick it in Fremont, there were always the drive-in or walk-in movies available. With a host of good flicks, like Bright Lights Big City, "Biloxi Blues", and "The Seventh Sign", there was plenty to see.

For the adventurous, there were plenty of flyer parties around town where you could pay a couple bucks to get in. After getting in to the party, one could socialize with many different people. And the lucky ones were able to find a new friend or maybe even the perfect mate.

Los Angeles was the place to be for those who like to travel during Spring Break. Students from all over the country cruised to L.A. and experienced the crowded partying scene there.

From San Francisco to Santa Cruz to Los Angeles, students felt that the nitelife scene was the most fun aspect of Spring Break. "Overall, my vacation went good. Even though I worked, the parties and the beach made up for it," said junior Angela Vassallo.

Perhaps the nitelife scene was all in your dreams, and what you really did was read a 32 page chapter in your history book, finished your English term paper and worked a 40 hour week at Ernie's Bar and Grill. There was, however, plenty to do if you chose to take some time out from studying. As senior Doug Bucy stated, sometimes you didn't have a choice. "Why did Murchison have to ruin my vacation with a term project?" he asked.



EAGLE EYE

By Kristin Baker
Staff reporter

What is the most bizarre
food you have ever eaten?

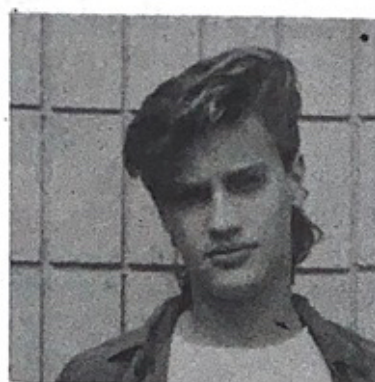


Poppy Hedman
Freshman

Well I ate dogfood once but I prefer catfood myself.

Brad Nelson
Sophomore

I ate rattlesnake once, but I think carnations taste better.



Pat Travers

Junior

Froglegs! and I had duck feet. Oh yeah, and I ate raw duck once on accident, I didn't know what it was.

Chris Gunsaulis
Senior

Once I went to a Cajun restaurant on the way home from Davis and my dad said "here, eat this, it's fried alligator yummy yummy." So I ate it and it "taste just like chicken."



Try to match capital cities

1. ARGENTINA
A. Mendoza
B. Buenos Aires
C. Cordoba
2. AUSTRALIA
A. Canberra
B. Sydney
C. Melbourne
3. THE BAHAMAS
A. Nassau
B. New Providence
C. Nassau
4. BELGIUM
A. Brussels
B. Antwerp
C. Ghent
5. BRAZIL
A. Brasilia
B. Sao Paulo
C. Rio de Janeiro
6. CANADA
A. Ottawa
B. Montreal
C. Vancouver
7. CHINA
A. Peking
B. Tianjin
C. Shanghai
8. COLOMBIA
A. Bogota
B. Medellin
C. Barrinquilla
9. EGYPT
A. Cairo
B. Alexandria
C. al-jizah
10. FRANCE
A. Paris
B. Nice
C. Toulouse
11. WEST GERMANY
A. Bonn
B. Berlin
C. Cologne
12. IRAN
A. Teheran
B. Mashhad
C. Isfahan
13. ITALY
A. Rome
B. Naples
C. Milan

Paying For College

The cash connection

Compiled by
Christy Bernstein
Feature editor

May is an important month for college-bound seniors who heeded the advice of their of their high school guidance counselors and in January mailed their federal financial aid applications.

This month they'll start to learn how much money the government will give them to attend their first year of college. To get federal assistance, high school students seemingly have to swim through what looks like an alphabet soup of grant and loan payments names. Some of them are:

NDSL (National Direct Student Loans)

SEOG (Supplemental Educational Opportunity Grants)

GSL (Guaranteed Student Loan)

But it's worth the effort if a student does get government

help, because the reality of it is that it's expensive to go to college.

Latest estimates by the U.S. Department of Education indicate graduating seniors can expect to pay anywhere from \$4,554 to \$17,000 for their first year of college. This fall if it's anything like the last two, at least 50 percent--- or 1.5 million-- of the nation's high school seniors will enroll in college. To pay for their first year, students will get money from sources other than the federal government, such as parents, clubs and coporations. However, each year one-fourth of the country's college freshman apply for federal aid.

College can be an expensive investment for any graduate. Yet, don't fret if you missed getting financial aid.

There are many other scholarships available. Just check in the Career Center for further information.

Smoke or Choke

By Melanie Marciel
Viewpoint Editor

If you don't smoke, prepare to choke. This or some other type of warning should be posted on the bathroom doors at AHS. Walking into our restrooms is like rolling around, fully clothed, in a fireplace or chimney. A whole bottle of expensive perfume couldn't even begin to camouflange the rancid smell that lingers in your

Problems at AHS (Part II)

restrooms. The restrooms have become giant ashtrays.

The fact that AHS administration has done nothing to improve the problem has students even more disgusted than the smoking problem. Using the bathroom should not be a life-threatening experience.

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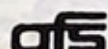
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American's Olympic Hopeful Kickin' her way to the top

By Kevin Thorne
Staff reporter

Just when you thought you knew everything about the students of American High, a nice little surprise always pops up! This time that surprise is 100 lb. junior Traci Wong, a Blackbelt in Taekwondo. Sure, a lot of people are good at Taekwondo, but how many are Olympic hopefuls?

Traci recieved this status by

"I naturally thought someone else was the winner. Then someone pushed me and I realized I had won."

-Traci Wong

placing first in forms and seventh in sparring last year at Nationals in Illinois. In 1986, she placed first at her first World University Taekwondo Championships, hosted by her Dojo KMA at UC Berkeley.

Tracie took first in forms. "I naturally thought someone else was the winner. Then someone pushed me and I realized I had won," she said.

Still not impressed, she cracked her tailbone, broke a toe and other smaller bones in her foot, cracked her wrist (breaking bricks) and she has suffered a concussion when a sparring staff was broken over her head. By this time, most people would have turned to a safer sport like bird watching.

Traci has been involved in Martial Arts for 9 years. She's hoping forms will become an Olympic sport so that she may compete.

Traci hates it, however, when people say things like, "I bet you beat up your boyfriend with it." For their information, her last boyfriend went to the State Championships. "He had nothing to fear. No one does. I'm not about to hit anybody. I only defend myself when I feel I have no other choice," says Traci.

Her future plans are still undecided but she might go to Korea to compete or try Aikido, another form of martial arts. She dislikes the new age of Taekwondo kids. She feels they only want glory, they don't appreciate the art of Taekwondo.

It's nice to see someone achieve such heights in a sport no matter that they are not muscle bound or overly vicious. For Traci Wong only the best is wished and that someday forms in Taekwondo becomes an Olympic sport.



Traci Wong looks forward to the Olympic trials.

Boys Tennis Doing Boo-tiful

By Sanjay Garg
Staff reporter

This year's American High boys tennis team has great hopes thanks to their new coach, Mr. Rolando Boo. Coach Boo is a graduate of James Logan's class of '86. He gives lessons at Fremont Tennis Center and this is his first year coaching a team. Coach Boo emphasizes conditioning of the mind as well as the body. Every day the team runs about three miles. Coach Boo feels that this will help make a winning team. He also feels that the team will "definitely" do better this year than previous years.

"This year we're competitors. Simple results from hard work," says Coach Boo.

Number one and two Varsity single positions are both reserved by exchange students from Europe. Senior Bryan Lund, number one singles, is an exchange student from Denmark. He's been playing tennis for six years and enjoys this sport because "you can blame yourself for your mistakes."

Junior Wolfgang Pohlmeier, number two Varsity singles, is an exchange student from West Germany. Tennis runs in his family and he's been playing for seven

years. He says the conditioning is very hard, but it helps in the game. "Other than being a coach, Boo treats the players as friends," he said.

Junior Tony Esliash, number four Varsity singles, enjoys the mental and physical aspects of tennis. He feels that the team will have a very good chance to make it to the top, which was unimaginable last year. "The conditioning is invaluable," says Esliash. "It helps to win." He also thinks that some students may even go to MVAL.

Senior Ted Simos, number one doubles, has been playing tennis for over five years and enjoys the sport because he claims that it relieves stress. He's been on the team since freshman year and says "we've never had a coach like this before." He is sure that they will go further this year than in any previous year.

Other Varsity players this year are senior Eric Mortenson, and juniors Kevin Chang, Andy Kahn, and Tony Islaya.

"We're becoming a team, not just individuals," said Simos.

Boo enjoys coaching; however he would like to see more fan support. "I would appreciate it if students would find time to go to some of the games to help motivate the team," he said.

Hard work pays off for Spiritleaders



By Kelly Thomas
Staff reporter

Hard work and sweat paid off for the AHS spiritleaders. They ended their competition season on a high note. After attending the competition held at Mt. Eden on Saturday, March 19, each spirit squad brought home a trophy.

The lettergirls, using their award winning routine from USA Nationals, ran away with first place. They dazzled the judges with their sharp moves and original music.

The songgirls, also with a quick paced, eye catching routine, performed well. They earned a second place trophy, but were very close on the heels of the first place squad, Washington.

The cheer squads each had their turn in the spotlight too. The freshmen pleased the crowd when executing their sharp moves and strong mounts.

They took home the second place trophy. The JV squad strutted their stuff at Mt. Eden to win third place. Their motions were precise and the smiles on their faces radiated enthusiasm. Last, but not least, was the Varsity Cheer squad who also recieved the third place award. Their breathtaking stunts and well-timed jumps were tough competition for the others in that division.

The competition season is over and nobody is saying, "If only we had done this," or, "I wish we would have gone to that." They all know they did their best.

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16 Years Experience



Eagles on the rise

By Danielle Black
Staff reporter

It's Springtime again and our 1988 Varsity softball team is on the rise. Mr. John DiPaola, AHS Varsity softball coach, describes this year's team as having the potential to make the playoffs at the end of the season. "The team has the potential to be an excellent team if the girls decide that softball is important to them," said coach DiPaola. DiPaola has been coaching softball at American for the last nine years; four of them as the Varsity team coach.

According to DiPaola, the

team has a great deal of experience, even though there are many new players. The top newcomers this season are sophomores Kathleen Haworth, Leslie Kalama, Tonya Stilwell, and Jennifer Doody and freshman pitcher Shauna Teixeira. The returning players adjust to being on a varsity team and playing against varsity competition. Top returners for our team are seniors Lori Naylor and Teresa Cheatham and juniors Josette Babby, Julie DiPaola, Lorrie Haworth, Monica Serrano, and Martie Peters.

DiPaola said that all the girls need to win is to learn how to win. Once they have done that, the team will be good enough to be league champions.

Although Coach DiPaola has faith that American will be one of the top four teams, he couldn't predict the other three. He said, "It's anybody's league this year. I haven't seen any truly outstanding teams."

In recent competitions during spring break, American held its fifth annual American high Varsity Softball Tournament. The tourney was held on Monday, March 28 and Tuesday, March 29. The Eagles had two games on Monday and a third on Tuesday. On the second day, the team ended up losing Amador to by a score of 1 to 0. They secured a second place in the eight team tournament.

So far this season, the Eagles have won nine games and have lost nine games.



Julie DiPaola swings away for AHS.

Eagles working from the stretch

By Eileen Chung
Staff reporter

Varsity Baseball coach Leroy Gallardo stares from the dugout, lifting his cap, tugging his belt, and making signs with his fingers; he is calling the pitches. The catcher in the crouch looks on and relays it to the man on the mound. He in turn, rubs his palms on his sides and glances over his shoulder to check the runner on first. His pick-off move is repeated a few times before he

common with his hero Dwight Gooden of the N.Y. Mets; one of his best pitches is the fastball.

The only southpaw of the staff is senior Ron Nelson who hasn't really been given the chance to pitch yet. He has, however, contributed to pinch-hitting duties successfully.

Adding stability to relief is junior Scot Fischer. He sits there not knowing when he'll



finally checks the signs, nods and delivers the pitch to the plate. And the process repeats.

Coming out of a successful pre-season, the multi-talented team has started the league season with a bang. The reason for this? The backbone of the team-effective pitching.

The ace of the staff, junior Adam Way, is 2-2 with a complete game and a 2.97 E.R.A. "I want to go out there, throw strikes behind good catching," said Way. Senior Fred Gray, another starter, has befuddled hitters with his slider.

Junior Ed Diaz has shown to be the best hitting pitcher with a .280 average. Junior Chris Alvarez has something in

get the call, but has no complaints. "One time I was called to warm-up five or six times during the game!"

A consistent senior Brian Cravahlo finds his fastball and changeup reliable pitches. "Whenever I get in a jam, they always come through for me," said Cravahlo.

Now, what's a pitcher without his battery-mate? The juniors behind the plate, Lee Warner and Mike Harris are the ones calling the game and they are the "other half" of the pitching staff. "With determination, we just want to go out there and win everything," said Warner. And "working from the stretch," the outlook is pretty good.

Championship in sight for

AHS golfers

Led by Senior Jason Jeung and Junior Darrin Arnst, the AHS Golf Team has stormed through its league season. With only one round remaining, the Eagles have a commanding lead over the rest of the MVAL. With a total score of 655, AHS has a 38 stroke lead over second place Moreau.

Individually, Jeung leads the league with a total of 118, while Arnst is a close second with 119. Senior Fred Roy rounds out the trio with a total of 130. Roy is tied for third, as the Eagles look to sweep the individual standings. Also golfing well for the Eagles are Seniors Steve Kline and Carey Wheeler. The team is coached by golfing extraordinaire Dennis Boegel.

SPORTS CALENDAR

SOFTBALL

5/10 American @ Moreau

BASEBALL

5/6 American @ Irvington

5/11 Moreau @ American

BOYS TENNIS

5/10 American @ Newark Memorial

5/12 American @ Washington

BADMINTON

5/10 American @ Newark Memorial

5/12 American @ Washington

SWIMMING

5/6 American @ Washington

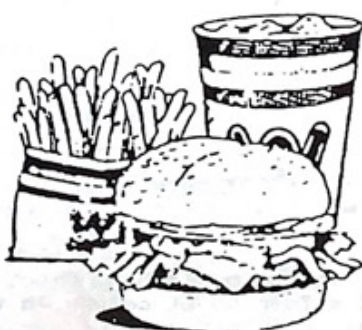
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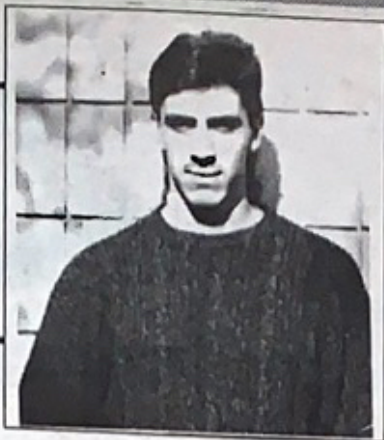
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SPORTS
LOOK

By Mike Lipps



It's a sport that very few can play. A sport that demands so much from the athletes that compete in it. A sport that was probably invented by the same guy who said real men don't eat quiche. What sport could it be ??? Cards. But not just and card game. We're talking about Hearts. Yes, Hearts, that cut throat game that squeezes blood from a stone.

And who are these daring men

who would risk so much for a game of cards, I hear you cry? This sinister Faculty-filled lineup goes like this: Hengel, Larsen, Gygas, Rodriguez, Murchison, Tremewen, Rood, Kinder, and Lloyd. This tournament lasts five days, with a four day total score. (You can erase one day.) It's been going on since 1972, when AHS opened. It is played the last five regular school days of the year. The defending champ is Frank "I'll win, I guarantee it!" Gygas. But does he have the right stuff this year? Not so says Pete "I'm into education this year"

Murchison. "Gygas will choke, he's all show and no substance." Rich "Ello Mate" Larsen agrees, "Gygas has no chance. As soon as his face turns red, we've got him."

While on this gruesome trail, I discovered that Gary "Tin Man" Tremewen is one early favorite. Why is he called Tin Man? Because many other competitors have described him as heartless. But, says Larsen, "He's also toothless as far as his ability is concerned." (oooh!) Ron "Hot Rod" Rodriguez, who says his piggy bank is full (?), is another favorite. Once again though, Larsen shoots down another candidate. "Rod has too

many physical ailments to be a factor," says the prophet. And how about Larsen himself? Not so says Tremewen, "Larsen is too old." Chris "I'm a superior player" Kinder said, "He (Larsen) might win, if the rest of us aren't paying attention. Kinder's only other prediction was that they'll never get in enough hands if Clair "Snail" Lloyd plays. Brian "Roto" Rood won't win say the others, because rookies never win. Dave "Frogman" Hengel sports a good chance because of his consistency and ability to handle pressure. (A Hearts veteran)

The closer we get to this big event, the more hostile these big

boys become. The way I see it, no one will win. Someone, probably Gygas, will cheat, and the knives will be drawn from under the table and the lights will go out. I think these fellows should ask themselves the following moral question: Is winning everything? They always told me it wasn't. For those of you who still don't understand what Hearts is, take it from Gygas, "Hearts is a game of chance; demanding concentration, card knowledge, and being able to sit to left of Brian Rood." Oh boy! The gauntlets have been thrown down, let the games begin.

sports shorts

BADMINTON

the most of it.



Wendy Hsiao

The American High badminton team began this year with many disappointing losses. Although the boys lost mostly all of their matches, the girls won most of theirs.

Sara Jamello, no. two Varsity girls singles, has won almost all of her games. She along with many other Varsity girls are the leaders of the badminton team this season.

Walter Lintao, no. one Varsity boys singles, was defeated in a grueling match against Somchay Chittasy, Kennedy High's top Varsity singles player. The score was 15-10, 15-12 in the first game of the season.

Wendy Hsiao, last year's MVAL champ and no. one Varsity singles girls for American is doing exceptionally well this year. She has won all her matches this season except against Mission High School. She will most probably be honored in MVAL again this year.

Undefeated this season are American's no. one girls doubles. Jocelyn Surla and Claire Cubal fill these spots this year and they are making

SWIMMING



Nicole Peck

Despite a record of 2-3 for the boys, and 2-3 for the girls, the Eagle swim team has featured many outstanding performances thus far. On the boys team, Nick Wold has steadily placed in the 50 and 100 free, as he appears ready for NCS once again. Freshman sensation Brian Bach has also contributed in many ways this year.

For the girls, Senior Nicole Peck has taken the league by surprise in the 100 breast. At one point this season, Peck had 4 straight victories, (including a dramatic meet winner against Irvington.) Helping her dominate the 100 breast is Senior Erica Conway, who has also taken some first's this year.

As a team, the Eagles have defeated Irvington and Kennedy in their five league meets so far.

SOFTBALL



Teresa Cheatham

American High's Varsity Softball Team brought it's record to 3-8 as they lost to the Washington Huskies on Friday, April 29th.

The Huskies jumped to a 6-0 lead in two innings but the Eagles didn't give up. With help from Theresa Cheatham, who hit a two run double, the Eagles had a four run rally in the seventh. Unfortunately it wasn't enough to gain a lead as the Eagles went on to lose 14-9.

The Junior Varsity team almost reversed the varsity score as they stormed past Washington 14-6. The key players for that game were Missy Garcia and Monique Borrero. The teams record has improved to 7-4.

TRACK



Jason Blanton

American's Boy's track team had a close meet with Mission San Jose on Wednesday, February 27. Although they lost with an overall score of 66 - 61, they won in several areas. The Eagles barely won the 1600 relay with an exciting time of 3:38.72 to Mission's 3:38.75. Doing well for the American boys were Jason Blanton, Ruben Amos, and Mark Beller. Although the girls didn't do as well as the boys that day, there were some areas in which they did a good job. In the 100 yard low hurdles, Marlisse Otani captured first place and came in second in the 300 yard low hurdles. In the 1600, the Eagle girls came within three-tenths of a second in winning that particular race.

BASEBALL



Sheldon Forehand

On Wednesday, April 27, the Varsity baseball team lost to the Cougars of Newark Memorial by a score of 2-0. Mickey Bifano, Sheldon Forehand, and Jason Gobel walked away with the only hits by American.

Friday, April 29, American's Varsity baseball team beat the Washington Huskies 8-7. The hero of the game was Forehand, who blasted a three-run homer in the top of the sixth to carry the Eagles to a victory. The team's seasonal record thus far is

7 wins and 4 losses, putting them in a tie for third with the Colts of James Logan.

TENNIS



Brian Lund

American High tennis is doing exceptionally well this season. They currently rank second and plan on moving up. Although they lost to Mission, the number one team at the moment, they plan to do better at a home game on May 5.

The team had trouble getting a coach this year, but luckily, Mr. Rolando Boo stepped in to coach. Shock went through the minds of many of the opposing teams when they saw American play for the first time this season.

Top players this year are Bryan Lund, Varsity number one singles, Wolfgang Pohlmeier, no. two singles, and Rick Esguerra and Theodore Simos, no. one Varsity doubles.

The major contributing factor to their success is the conditioning they are subject to. No other school in their league has such vigorous conditioning.

Although many of the top players this season are seniors and will not be returning next year, the Junior Varsity portion of the team will do a good job of taking their place.

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Brain Bowl team to compete in New Orleans



The 1988 American High School Brain Bowl team members Erick Young (11), Chris Clark (11), Greg Hoffman (10), Ryan Torchia (11), Sarah Jamelo (11), and Virginia Baeta (11) show off their plaque.

By Rebecca Ehsan
Staff reporter

In order to test the mind power of its students, AHS held its annual Academic Challenge (Brain Bowl) from March 9 thru March 11. The winning team consists of juniors Chris Clark (captain), Erick Young, Ryan Torchia, and sophomore Greg Hoffman. The alternates are juniors Virginia Baeta and Sarah Jamelo. They will be traveling to New Orleans sometime in late June to take part in a national tournament.

The actual winning team consisted of senior Dan Miles, Chris, Erick, and Greg. Dan had been replaced by Ryan Torchia because the New Orleans competition conflicted with graduation.

Dan's sudden death was a great loss for the team. As captain, he helped the team win the regional competition. American was on its way to New Orleans for the national tournament.

Without Dan, the team had mixed feelings about competing in the nationals. "He answered half the questions," said Greg. "We're not really as good now." Dan answered most of the questions in a matter of seconds. But out of respect for their schoolmate, the team has decided to go ahead with the competition.

Students interested in competing signed up in groups of four with two alternates. The teams were then given alphabets for the purpose of playing other groups. Questions were asked in fields such as mathematics, history, science, and English. The questions were taken from "Questions Unlimited" company.

The Associated Student Body (ASB) is lending the team \$1000 from its funds to cover the costs. The team itself is planning to get donations from local places in order to reimburse the ASB and pay for the traveling and lodging expenses. The total expected is approximately \$5000.



Congratulations to April's Students of the Month who were freshmen Bob Pailthrope and Shauna Texeira, sophomores Brian Palovanic and Brenda Moore, juniors Christopher Clark and Tracie Wong, and seniors Dean Bunn and Carey Gilchrist.

Spiritleader tryouts will be May 9 to May 12. Freshmen Cheer are on May 9, Letter Girls are on May 10, Song Girls are on May 11, and JV and Varsity Cheer are on May 12. The tryouts are open and students are permitted to watch.

Those students who would like information regarding enrollment, transfer programs, financial aid and EOP&S services at Ohlone College may visit the Career Center on the first and third Tuesday of each month to see Sylvia Rabago, the EOP&S Outreach Specialist. Appointments may be made through Ms. Datz.

Congratulations to math teacher Mr. Jim Hengel who is now a grandfather! His son's family now includes a little girl named Tatum who was born on the evening of April 12. Funny, he doesn't look like a grandfather!

College-bound juniors and seniors and their parents are invited to attend the San Francisco National College Fair in the San Francisco Civic Auditorium on Sunday and Monday, May 15-16. More than 160 college and university admissions counselors will be present to provide information, answer questions and present seminars. The fair runs from noon until 5 pm on Sunday and 9 am to 1 pm on Monday. For more information, see your counselor or call 415-666-6563.

On March 28, Ms. Carol West was operated on for a severe appendicitis attack. She will be returning to school in several weeks. We extend our best wishes for a quick recovery!

This month's special merit award goes to Mr. Harold Gene Smith who overslept on the day of the Calculus midterm! Thanks for the extra time and the goodies Mr. Smith!!



On March 25, Ms. Marion Woodbury donated \$1000 to the American Express to help pay for our new computer. We send our sincerest thanks to Ms. Woodbury!

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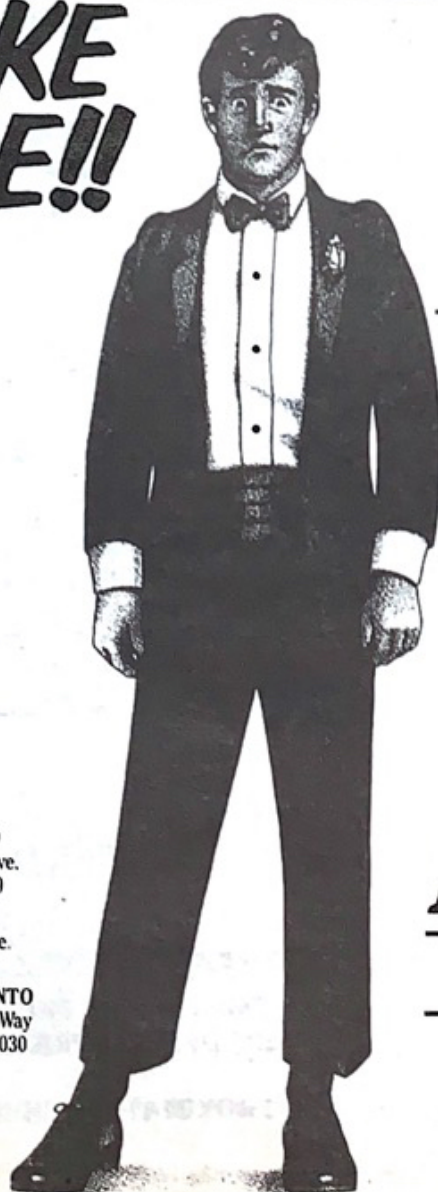
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