

American Express

VOLUME III NUMBER 10

FREMONT, CA 94536

MONDAY MAY 4, 1987

BOND ISSUE - GOLD FOR AHS

This coming June 1987, Fremont voters will have the opportunity to provide funds for making major improvements in Fremont schools by passing bond Measure A.

If the issue is passed on the June ballot, American high will undergo many changes. Within three

years time, new gym and exercise rooms will be added, the science labs and auditorium will be reconstructed, American will finally have a pool built, classrooms will receive wells and partitions, and there will be more library

and textbook storage. Also, emergency communications, security, and turf and irrigation systems will be installed. The funds that we receive will also finance concrete and fencing on the school grounds, and even the restrooms will

be remodeled!

One argument against passing the bond is that there will be an increase in property taxes. The increase is estimated to cost each family approximately \$25.00 more a year. Another argument would be that

the state has enough money in their budget to pay for it so they shouldn't have to.

However, many teachers are urging students and parents to support it, it does a lot to improve our school.

W.A.S.C. VISITS AHS

By Bill Cluverius

Last week representatives from the Western Association of Schools and Colleges (W.A.S.C.) completed their evaluation on efficiency and progress of American high school.

Earlier this year the faculty and administration prepared a report on AHS. The report contained information on each educational department in the school along with additional research on such items as student activities and school facilities. After reviewing the report, the W.A.S.C. Committee verified the data by conducting their own observation. Students picked at random were asked to answer questions about the school last Tuesday.

The total evaluation process takes approximately 8 months to complete and is done once every six years.

MAY

CALENDAR MAY

Don't forget!!

Don't forget! Spirit-leader tryouts are May 4-7. Come and give your support.

Fashion institute

On May 5 during 5th period, a speaker from the Fashion Institute will be speaking on careers in Interior Design.

Remember to vote!

Remember to vote! On May 6 the ASB elections will be held.

The ASVAB

The ASVAB vocational test will be given on May 6 in Theater 50 during periods 1-4.

The Senior Ball

The Senior Ball will be held on May 9 at 8:00p.m. at the Sheraton Palace.

By Chris Bernstein

On April 29, 30 and May 1, a tradition at AHS took place. The official May Daze started at lunch last Wednesday featuring such things as a belching contest, Jell-o drop, Air-Band contest, tug-o-war, and Garbage Can shooting. A 6th period rally was given on Friday naming the contest winners and having return performances.

The rally began with the Flag girls, then continued to the

Hamburger Eating contest. Being recorded by KPIX Channel 5, Juniors Deano Bunn, Paul Fowlie, Chris Long and Sam Castro won the contest.

The Varsity cheer squad performed next, leading the way to the Air Band contest. The three finalists were "THE CURE" (Mark Bowen, Mike pierce, Charlie Cho, Tim Lew, and Brad Rivas), "PRINCE" (Bobby Dale), and "GRAPEVINE" (Bob Mallon, Jim Schinkel, Bill Cluverius, Jeff Thomas, Brian Ba-

lingit, Russ Sass, and Andy Andrews.) "GRAPEVINE" took first followed by "PRINCE" and at third place was "The CURE".

At the beginning of May Daze, Wednesdays lunch was full of activity with the Jell-o Drop won by Greg McDonnell and Michelle Stock who successfully caught 8 out of 10 Jell-o squares. The Basketball free throw which followed gave out 3 awards. They went to Sheldon Forehand for style, Bruce

Wescott for distance, and Chris Ross for accuracy. Next came the tug-o-war which was won by the Seniors.

Thursdays activities were the Belching Contest won by Senior Brad Kime, the Car Stereo contest won by Linda Fontana

It was a time for the entire student body to join in and show some school spirit. To top off the week, there was a May Daze dance held on Friday night.

MAY DAYS ACTIVITY SCHEDULE

Wednesday April 29:

Jello drop
Class competition- tug of war
Garbage Can Basketball

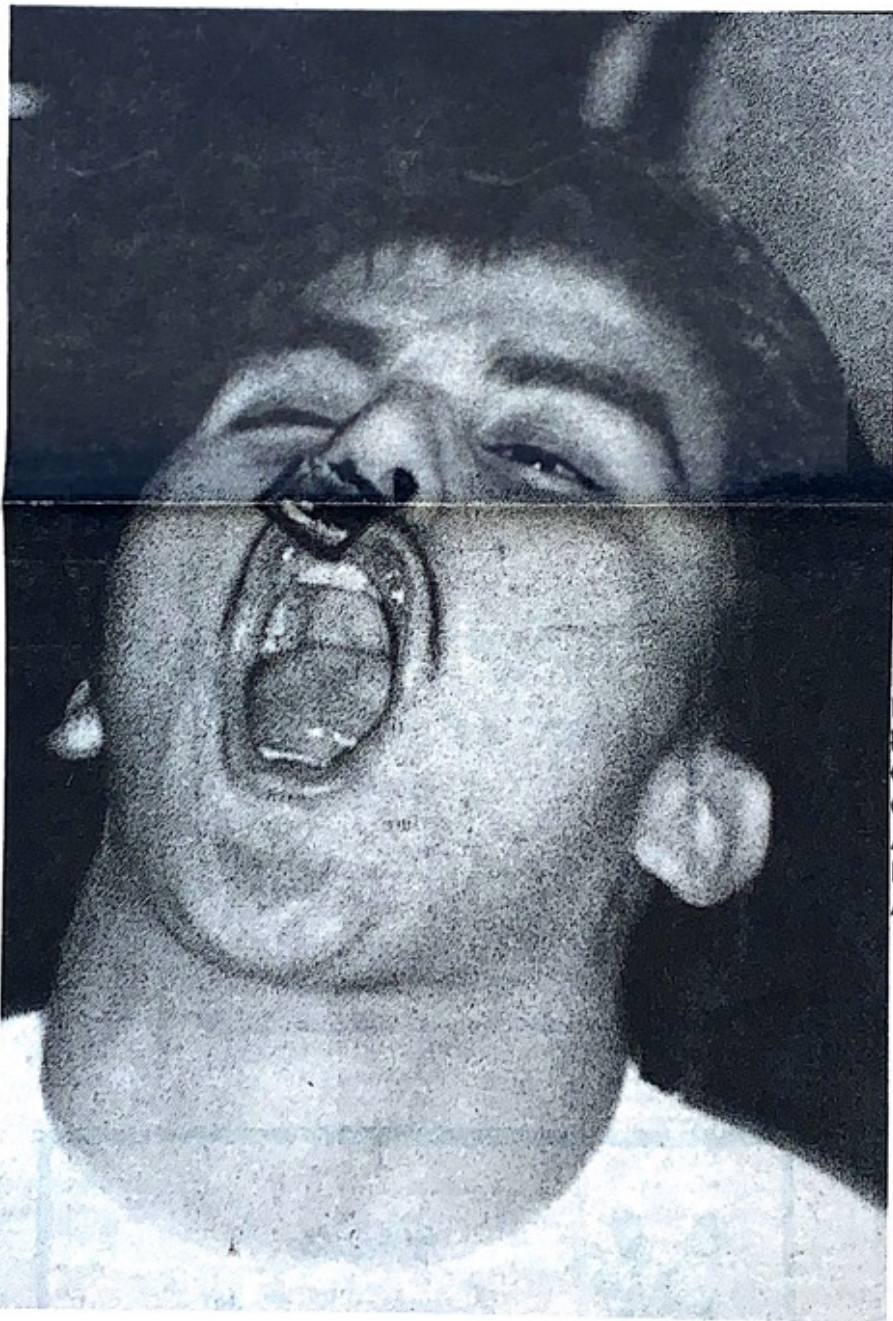
Thursday April 30:

Air Band Contest
Car Stereo Contest
The Belching Competition.

Friday May 1:

Powderpuff football
The May Days rally is where the contest winners were announced.

"OPEN WIDE ..."



"I'VE GOT IT! I'VE GOT IT!" CRIES JUNIOR GABE LOPEZ AS HE ATTEMPTS TO CATCH THIS LITTLE GREEN JELLO CUBE IN HIS MOUTH FOR THE JELLO DROP CONTEST WEDNESDAY APRIL 29 (ONE OF THE MAY DAY ACTIVITIES)

LITTLE DOES HE KNOW THAT IT'S GOING TO BOUNCE OFF OF HIS FACE AND ONTO THE FLOOR! SORRY ABOUT THAT GABE

WHAT A BIG MOUTH YOU HAVE!

... AND HAVE THAT REAR MOLAR FIXED!

DAZE CRAZE

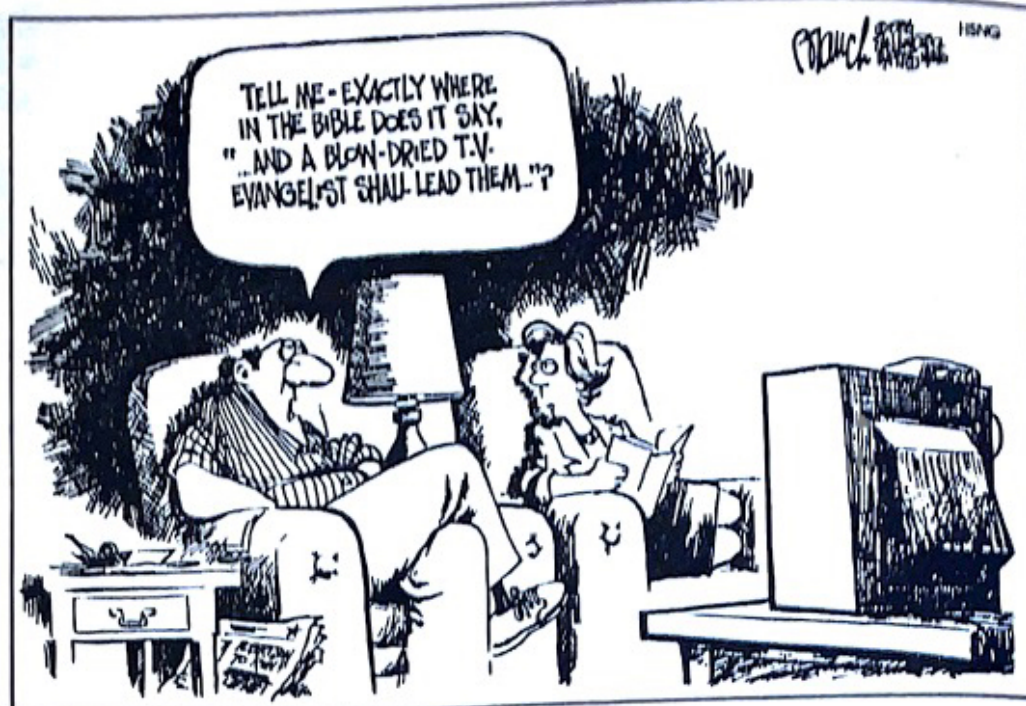
Unbelievable!

By Monica Serresneque

Have you seen the new ads for Dreyer's Grand Light dessert? You know, the ones with the unbelievable spokesperson for an unbelievable product. Dreyer's has found quite a few "unbelievable" spokespersons. There's a man who's seen the Loch Ness Monster, a lady who's seen a UFO and even more "unbelievable" people. Yet the *crème de la crème* is John D. Ehrlichman, former Assistant to President Nixon in Domestic Affairs. You remember, he was one of the big bad guys in the Watergate scandal.

Only in America could a man involved in a major scandal be able to come back a decade later and joke about trust on T.V. He jokes that we didn't trust him back then but we should trust him on "this one." I cannot believe that Americans are just letting our government get laughed at. Ehrlichman wasn't just another guy. To have him advertising dessert is like having North or McFarlane advertising milk and cookies in 1997 while talking about how they made a "little" blooper back in 1986. They'd be saying "Oh well, C'est la vie."

I don't know, maybe I shouldn't be panicking about this "unbelievable" spokesperson. Maybe Americans are ready to laugh (?) about Watergate. I've got to hand it to Dreyer's though, they sure picked one unbelievable spokesman.



DIARIES OF TEENAGE BOYS

Compiled by Christine Young

Ever wonder what boys think about? Well, Brigham Young University Historian Michael Quinn does. Quinn is researching the diaries of teenage boys for a book titled The Thoughts and Experiences of Teenagers in Modern America.

Quinn wants to know "what teenagers themselves have thought

was important enough to write in a personal record unstructured by adult definitions or expectations." For now, he is limiting his study to teenage boys. Eventually, he plans to compare the diaries of both males and females.

Quinn hopes that his book will "demonstrate what teenage

boys felt was important to them, not what is important to adults." Anyone interested in Professor Quinn's project can send photocopies of diaries, or loan the original diaries to: Professor Michael Quinn, History Department, Brigham Young University, Provo, Utah 84602.

MOVIE REVIEWS SECRET OF MY SUCCESS

By Kristin Baker

How great was it??? It was fabulous!!! The hilarious "Secret Of My Success" has been out for some time now, and it's still going strong. With such a talented star as Michael J. Fox I can see why.

The movie is about a young farmboy from

Kansas who wants to make it big in a major business corporation in New York. He does anything he can to make his dream come true, and he does with a little help from his over affectionate aunt and Mr. Whitfield. So remember to pack that

iron tote 'cause we're not in Kansas any more.



Prom Night

It's prom night. And you'll want to sweep that special girl off her feet. Enter the Dynasty Collection by After Six. Sleek tailoring from bow-tie to shoes, The Dynasty Collection is designed with the most special occasions in mind. And it's available in Silver, White, Sable, Candlelight, Midnight Blue and Black.



**Ray's Men's Wear
and Formal Wear**
4673 Thornton Ave.
Cabrillo Center
Fremont, CA 94536
(415) 794-6808

DYNASTY
after six
FINE TAILORING
COLLECTION

American Express

EDITORIAL BOARD

Editor-in-Chief	Bill Cluverius
Assistant Editor	Rosita Ehsan
News Editor	Laura Templeton
Viewpoint Editor	Monica Serresneque
Feature Editors	Christine Young
	Kristy Ioback
Sports Editor	Patty Gallegos
Exchange Editor	Jennifer Murphy
Photo Editor	Jim Schinkel
Advisor	Mr. Ken Jones
Principal	Mr. Joe Tranchina

Reporters

Kris Baker	Stacy Norvell
Rochelle Halley	Chris Bernstein
Amy Villegun	



Thistle Jewelry & Gems

DESIGNERS OF UNIQUE GOLD JEWELRY
FINE DIAMONDS & GEMSTONES
ACCURATE APPRAISALS
QUALITY REPAIR WORK

3590 Peralta Blvd.
Fremont, Ca. 94536

(415) 797-9531

FREE!
YOGURT OR ICE CREAM

Buy any size,
get a small cup

FREE!

until 5-31-87
with coupon

GOURMET SOUP also available



YOGURT BEAR & ICE CREAM

Six new flavors daily
yogurt • ice cream • cookies • tins
35640 Fremont Blvd. • 794-7808

SPECIAL!
NEW CROISSANT SANDWICHES

\$2.35

(reg. price \$2.75)

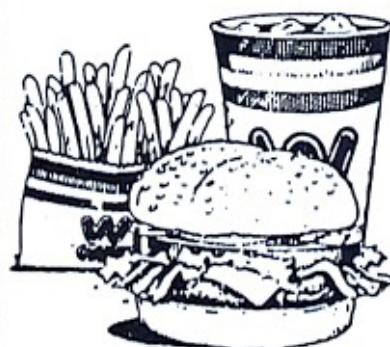
ham,
turkey,
roast beef,
salami.

Big deal.

Walden P. Wineschitzel

**Any Burger, Bag of Fries
and a Medium Drink**

\$1.99



Any one of our Signature Hamburgers—Deluxe, Guacamole, Bacon, Hickory BBQ, Chili, Mushroom, or (Cheese and tomato extra.) Plus a bag of our crispy, golden fries and a 16 oz. medium soft drink of your choice.

Good only at participating locations.

37119 Fremont Blvd.
34480 Fremont Blvd.

offer expires

May 31, 1987



By Rochelle Holley

EAGLE



EYE

WHAT ANNOYS YOU THE MOST ?



Phil Schreuders (12)
"My American History teacher Mr. Jones because he tries to cap but it never works and he ends up getting capped on himself because of the goofy clothes he wears."



Karyl Isurui
(Freshmen Secretary)
"The lame excuses I get from freshmen for being tardy."



Ken Miller (11)
"When you pull up next to somebody at a stop light, and you look over, and they're digging for gold. That really annoys me!"



Cristine Hernandez (11)
"When I'm talking to someone, and they spit in my face."



Pili Airth (10)
"When I'm at the beach and an absolutely gorgeous guy walks by me and smiles. Then a few minutes later, he walks by again holding a girl's hand."



Junior, Robert Simonich has the best of both worlds. Recently, Robert purchased a 1987 600 Hurricane for \$4200. He also owns a 1978 Camaro Z-28. Robert does all of his repair and customizing work himself. Wow! Some people just have it all!!

Life in the FAT Lane

By Kristy Tobeck

"Oh no, it's happened again this year!" you say. When you ate all that yummy pumpkin pie with lots of whipped cream at Christmas time, swimsuit season seemed eons away. Who would notice a few extra pounds hidden underneath your sweater and winter coat, anyway?

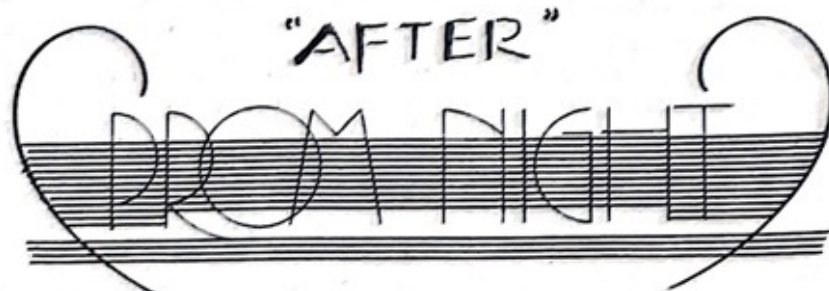
But all of a sudden summer is right around the corner! Shorts and swimsuits have crept out of the closet. Why is it that we can never remember to begin summer diets before summer--while there's still time to make amends.

The most sensible response to desired weight loss is a low-

calorie, well-balanced, patient diet.

Keep in mind that the main reason people overeat is just plain boredom. It might help to find a new hobby or start a craft project that will keep your mind occupied.

Finally, keep a positive attitude. Your new eating habits will have you looking better, feeling better and maybe living longer.



By Amy Villegas

Nowhere to go after the Senior Ball? Want to cut back on the spending and just have some inexpensive fun?

Here are a few suggestions for those "After Senior Ball Night Hours..."

- 1) Carmel Beach
- 2) Marine World U.S.A.; Vallejo
- 3) Horse Back Riding on Half Moon Beach
- 4) Santa Cruz Beach-(Twin Lakes)
- 5) Pier 39; San Francisco-and Alcatraz Tour
- 6) A Local Carnival
- 7) Have Your Own Pool Party
- 8) A Baseball Game
- 9) Napa Valley Winery
- 10) Get together with your friends and have a picnic! (Lake Elizabeth-and paddle-boat ing)
- 11) Great America

These are just a few ideas to think about if you don't have anything planned for the next day!

Remember: "Drinking and Driving Don't Mix!" Have Fun!!!

SENIOR BALL

GLOVES

GARTERS

Neck ribbons
HAIR DECORATIONS

Floral Illusions

4032 Bay Street
Fremont, CA 94538 657-7060

Teenagers' Driver Education Classes

Classes now forming for summer.
We Also Offer Traffic Violator School

COUPON

\$5.00 OFF DRIVER'S EDUCATION CLASS

WITH THIS COUPON

CAPITOL CITY DRIVING SCHOOL

Capitol City Driving School

Call Today For Information—791-7200

adidas

BACK TO SCHOOL

THE INSTEP GRAND OPENING

39181 FARWELL DR. FREMONT

790-9161

GRAND OPENING GIFT-FREE POSTER

Mon-Wed Shopping Ctr.
 Next Door To Cost Plus
 OPEN 7 DAYS A WEEK
 AND WEEKDAY EVENINGS
 NO PURCHASE NECESSARY

CHILD NUTRITION

A Partner in Education

I ♥ SCHOOL LUNCH I ♥ SCHOOL LUNCH I ♥ SCHOOL LUNCH

STUDENTS!

FOR EVERY BURGER you PURCHASE WITH A BOX LUNCH
RECEIVE A FREE!

big CHOCOLATE CHIP COOKIE
OR ICE CREAM-CUP

1 week only - May 4-8, 1987
1 coupon per customer

-SPORTS LOOK-

BASEBALL FEVER : WALKING GAINS FAME
A Disease

Compiled by Stacy Norvelle

By Patty Gallegos
SPORTS EDITOR

There's nothing greater than heading out to the ballpark and enjoying America's favorite past-time, baseball. It's the sport that American's have carefully selected to represent to the rest of the world what American's are like. Going to a baseball game is as patriotic as hot dogs and apple pie.

Right away, as soon as you're searched at the gate, there's a certain smell typical of the game. It's a cross between cheap beer and cigarette smoke. The excitement mounts but is it be-

cause of the anticipation of seeing your idol play, or waiting to see which male aficionado takes his shirt off first? The best thing is that it's always the guy with the fattest stomach that's the first to take off his shirt. While basking in the sun and waiting for the game to begin, like to absorb the culture that surrounds me as I take in the conversations. They go a little like this, "Yo, yo, Reggie! Hey man, I'll give ya five dollars of ya sign this baseball." Or, "Man, them A's got to git outta the cellar or I lose a hundred dollars."

The best part about the game itself is

that there are nine nice long innings. If you're lucky, they might even go into extra innings which could last for hours and hours. Nevertheless, nine innings is enough time to observe the pitchers in the bullpen having a spitting contest.

Two hours may pass by and it's only the bottom of the fifth inning. Four and a half more innings of excruciating fun! A batter walks, a batter hits, a batter runs, a batter is tagged out. This happens over and over and over but we American's love this because we like predicting the outcome. After all, excitement is our middle name.

Although many students prefer a more strenuous form of physical activity, walking is probably the most popular type of exercise.

Unlike tennis, running, skiing, and other activities that have gained great popularity, walking has been widely practiced as a recreational and fitness activity throughout recorded history.

People walk for many reasons: for pleasure, to rid themselves of tensions, to find solitude, or to get from one place to another. Nearly everyone who walks regularly does so at least in part because of a conviction that it is good exercise.

Walking burns approximately the same amount of calories per mile as does running, a fact particularly appealing to those who find it difficult to sustain the jarring effects of long distance jogging. Brisk walking one mile in 15 minutes burns just as many calories as 9 minutes of jogging.

A good pair of shoes is the only "special equipment" required by the walker. Any shoes that are comfortable, provide good support, and don't cause blisters, will do.

The most important thing is simply to set aside part of each day and walk. No matter what your age or condition, it's a practice that can make you healthier and happier.

sports shorts

SOFTBALL

The Eagles ended their two game winning streak on Tuesday, Ap-

ril 28 at the hands of the Moreau Mariners. The contest was held here at American. It was a terrible loss as the Eagles were beat

by a score of 11-0. American has fallen to a 2-7 record. The Mariners scored seven of their runs in the first three innings. The pitching and errors on the field added to the Eagles ruin.

TRACK

On March 25, Varsity was defeated by a score of 74-62. Among the placers were Steve Lewis, Sheldon Forehand, Mark Smith, Rodney Cornist, Lance Otani, Bobby Simmons, John Uhren, D.C. Fisher, Corwin Bowers, Russ Sass, Kevin Bolles, Andy Andrews, and Eric Anderson.

On April 2, 1987, the Varsity Track Team defeated Irvington by a score of 83 1/2 to 56 1/2. Steve Lewis, Rodney Cornist, Shel-

don Forehand, D.C. Fisher, Russ Sass, and Andy Andrews were among the winners.

On April 8, the Varsity Track Team defeated the Kennedy Titans. Steve Lewis, Rodney Cornist, Russ Sass, and Lance Otani were a few of the many winners.

On April 23, the Logan Colts demolished the Eagles by a score of 104 to 32. Steve Lewis won the 400 before leaving with a foot injury.



BOBBY McGEE'S

presents

"Special Occasion Packages"

At Bobby McGee's we recognize that you would like your special occasion to be exciting, satisfying and memorable. In order to help you make these expectations a reality, we have designed two SPECIAL OCCASION PACKAGES. By ordering one of our unique PACKAGES you will receive a quality meal, an economical alternative and souvenirs to remind you of this once-in-a-lifetime evening.

5995 Mowry Avenue
Newark, California 94560
(415) 794-7481

Tres Jolie Nails
by Nicole Sorina

- fiberglass nails • manicures
- sculptured nails • pedicures
- acrylic tips • specializing in nail art

3701 Peralta Blvd., Suite G • Fremont, CA 94536 • 415-790-1890

THE RING TO GO FOR!

\$79⁹⁵ Reg. \$99.95

ARTCARVED SILADIUM® H.S. CLASS RINGS WITH CUSTOM FEATURES FREE!

This offer expires May 31, 1987 and is to be used only for the purchase of ArtCarved Siladium® H.S. class rings

ARTCARVED CLASS RINGS

Starz Boutique
1061 New Park Mall
795-1121

Bring This Ad