

The Impact Quarantine Has on Students' Mental Health

Students share how they've been affected by these nine months of isolation

Akari Che
Staff Writer

Sorry Santa, Chimney's Closed This Quarantine!

Governor Newsom has recently announced a new mandatory lockdown, virtually eradicating all outside-related holiday activities. The question is... what now?

Renee Cheung
Staff Writer

Santa's Elves are Going Virtual This Year

AHS students share how they are continuing to take part in their Secret Santa traditions over Zoom.

Abigail Manalese
Staff Writer



Frozen Feathers with Eagle and Kevin

Akari Che
Mamata Elangovan
Staff Writers



Books: A Pandemic Crutch?

With the new shutdowns, why not pick up a book and escape?

Namita Nair
Staff Writer

The Mystical World of Snowglobes

Are they magic?

Bee Chaudhary
Staff Writer



The Gift of Celebration

Holidays that students of AHS celebrate during the winter season

Mengting Chang
Staff Writer

A Distorted Past

Do history textbooks do justice to people of color?

Haritha Rajasekar
Staff Writer

As our nation continues to battle the institutionalized discrimination against people of color, many are forced to look back at the fundamental teachings that have shaped us all...



To Jollibee or Not to Be

Are Jollibee's popular food items really that worth it?

Alvin Gonzales
Staff Writer



It's Beginning to Look a Lot Like Christmas

Favorite Christmas memories

Divli Bhat
Staff Writer



Picks for Flicks: 2020 Edition

Students of American High School share their favorite T.V show of the year

Elise Kaylor
Staff Writer



Late Night Cramming

Tips and tricks to studying for finals

Darcy Chew
Staff Writer





Health or Homework?

The need for a dialogue on American’s mental health needs

Mihika Balaji, Vaneet Pani, Pearl Vishen
Contributing Writers

Junior year. One of the most academically challenging years coupled with a deadly pandemic is a recipe that can only create disaster. With us unable to attend in-person schooling without the risk of death, there has been a disconnect between staff and our student body that we hope to be able to bridge through open communication. On Saturday evening, a group of us students—Pearl Vishen, Kavin Goyal, Mihika Balaji, Vaneet Pani—released a survey to gauge our student body’s overall mental health...

Bigger than Banter

Exploring the Twitter wars and aggression within the K-pop fandoms

Darcy Chew
Staff Writer

The line of comments grow as you scroll through Twitter. Each comment is becoming more and more aggressive, you begin to feel uneasy. At first they started out pretty tame, minor comments about personally disliking the group. Now, they are just crude and inappropriate; words criticizing idols’ figures or insulting fans’ family, and in extreme cases death threats...



Holly Jolly Holiday Movies

Opinions on films
Mamata Elangovan
Staff Writer



Sports? Did you say Sports?!

Discussing season one sports being postponed and how that affects sports as a whole this year

Krrish Angadala
Staff Writer



Gloom for Zoom?

Teachers express what they think the pros and cons are about having to teach online

Elise Kaylor
Staff Writer



Hype for the Holidays

Both students and teachers at American discuss the idea of holiday spirit and how it is affected during the pandemic

Neha Zope
Staff Writer



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