

# EAGLE ERA

DECEMBER 2020 AMERICAN HIGH SCHOOL 36300 FREMONT BLVD FREMONT, CA 94536 VOL. 48 ISSUE #3

## The Impact Quarantine Has on Students' Mental Health

Students share how they've been affected by these nine months of isolation

Akari Che  
Staff Writer

## Sorry Santa, Chimney's Closed This Quarantine!

Governor Newsom has recently announced a new mandatory lockdown, virtually eradicating all outside-related holiday activities. The question is... what now?

Renee Cheung  
Staff Writer

## Santa's Elves are Going Virtual This Year

AHS students share how they are continuing to take part in their Secret Santa traditions over Zoom.

Abigail Manalese  
Staff Writer



Frozen Feathers with Eagle and Kevin

Akari Che  
Mamata Elangovan  
Staff Writers



## Books: A Pandemic Crutch?

With the new shutdowns, why not pick up a book and escape?

Namita Nair  
Staff Writer

## The Mystical World of Snowglobes

Are they magic?  
Bee Chaudhary  
Staff Writer



## The Gift of Celebration

Holidays that students of AHS celebrate during the winter season

Mengting Chang  
Staff Writer

## A Distorted Past

Do history textbooks do justice to people of color?

Haritha Rajasekar  
Staff Writer

As our nation continues to battle the institutionalized discrimination against people of color, many are forced to look back at the fundamental teachings that have shaped us all...



## To Jollibee or Not to Be

Are Jollibee's popular food items really that worth it?

Alvin Gonzales  
Staff Writer



## It's Beginning to Look a Lot Like Christmas

Favorite Christmas memories  
Divli Bhat  
Staff Writer



## Picks for Flicks: 2020 Edition

Students of American High School share their favorite T.V show of the year

Elise Kaylor  
Staff Writer



## Late Night Cramming

Tips and tricks to studying for finals

Darcy Chew  
Staff Writer





## Health or Homework?

*The need for a dialogue on American's mental health needs*

Mihika Balaji, Vaneet Pani, Pearl Vishen  
*Contributing Writers*

Junior year. One of the most academically challenging years coupled with a deadly pandemic is a recipe that can only create disaster. With us unable to attend in-person schooling without the risk of death, there has been a disconnect between staff and our student body that we hope to be able to bridge through open communication. On Saturday evening, a group of us students—Pearl Vishen, Kavin Goyal, Mihika Balaji, Vaneet Pani—released a survey to gauge our student body's overall mental health...

## Sports? Did you say Sports?!

*Discussing season one sports being postponed and how that affects sports as a whole this year*

Krrish Angadala  
*Staff Writer*



**EAGLE  
ERA**

**Editors-in-Chief**  
Rebecca Beddingfield  
Liana Dong

**Newspaper Design  
Editor**  
Shreya Daschoudhary

**Media Editor**  
Nydia Kuo

**Broadcast Editor**  
Khushi Kanchibotla  
**Flex Editor**  
Emyr Ortiz

## Gloom for Zoom?

*Teachers express what they think the pros and cons are about having to teach online*

Elise Kaylor  
*Staff Writer*



## Hype for the Holidays

*Both students and teachers at American discuss the idea of holiday spirit and how it is affected during the pandemic*

Neha Zope  
*Staff Writer*



For the full articles and more, visit <https://eagleera.org>, or click the article titles on the interactive PDF!

## Bigger than Banter

*Exploring the Twitter wars and aggression within the K-pop fandoms*

**Darcy Chew**  
*Staff Writer*

The line of comments grow as you scroll through Twitter. Each comment is becoming more and more aggressive, you begin to feel uneasy. At first they started out pretty tame, minor comments about personally disliking the group. Now, they are just crude and inappropriate; words criticizing idols' figures or insulting fans' family, and in extreme cases death threats...



## Holly Jolly Holiday Movies

*Opinions on films*

**Mamata Elangovan**  
*Staff Writer*



Sabiha Jamil  
Simar Ganda

**Follow us on  
social media!**  
IG: humansofamerican  
FB: Eagle Era  
Twitter: eagle\_era

**Staff Writers**  
Abigail Manalese  
Akari Che  
Alvin Gonzales  
Bee Chaudhary  
Carl Prudente  
Chaha Mukherjee  
Darcy Chew

Divli Bhat  
Elise Kaylor  
Ethan Ling  
Haritha Rajasekar  
Iffat Pathan  
Krrish Angadala  
Lisa Yeung  
Mamata Elangovan

Mengting Chang  
Morrigan Banks  
Namita Nair  
Natasha Rodriguez  
Neha Zope  
Niveda Arun  
Renee Cheung  
Richard Navarro